The Post

POWER OF SOBER THOUGHT



August 2018 Volume 14 Issue 8

ATTENTION

Intergroup & District meetings for September have been changed to Saturday, September 29th.

Intergroup meets at 8:00 am and district at 9:30 am, both at The Legacies Group. This month District will hold elections for District DCM, Alt DCM, Secretary, Treasurer and Committee chairs.

Groups are encouraged to hold their elections before this meeting, as both outgoing GSR and incoming GSR will have a vote in the elections.

If you would like to serve at the District level please come to the September meeting and see what

opportunities there are for service. Come hang out with us and learn how District works for YOU!!



Remember, We Need You!

HISTORY FEATURE - AUGUST OUR INTERNATIONAL CONVENTION



The article for this month's article did not come easy. Had a strange mental block on the subject matter for the article. Finally, after a conversation with other AAs about our International Convention, it was suggested I touch on some facts about our Convention. There was not a lot of information gathered in one place online however I was able to find articles from different Areas, Intergroups, GSO and my own experience that provided enough material for a short article on some of the Conventions.

Our first Convention was held in Cleveland, Ohio on July 28-30 1950 to celebrate A.A. 15th anniversary. The

Convention was a joint effort between the Cleveland and New York but the idea began with Cleveland's A.A. Central Committee. Highlights include, short form of the Tradition approved here and the closing speakers on Sunday, Bill and Bob. This was Dr. Bob's only conference and it was the last time he spoke to a large A.A. group. Very few attendees knew that Bob was dying of cancer. This was the talk Bob said our 12th steps resolve themselves into the words "love and service".

Miami was the host city for our 5th International Convention and our 35th Anniversary in 1970. It was here our Unity Declaration statement was introduced to the Fellowship. Part of the Saturday Night Unity Ceremony delegates from different countries were asked to come and read the statement in their native languages. This would be the last Convention Bill attended. His emphysema had taken a toll on him physically. Another article found online recounts Bill's warm reception when he surprised the attendees at the Sunday morning Big Book meeting. Also, of note,

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New Page Arrangement Starting This Issue! The Area Meeting Schedule is now in the front for easier access, especially for our newcomers!

WOULD YOU LIKE TO VOLUNTEER OR CONTRIBUTE TO THE POST?
TO GET INVOLVED, CONTACT US AT Post.Editor@centralalaa.org

THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

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E-MAIL ADDRESS

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Contributions for print subscriptions are encouraged.

For email subscriptions contact: Post.Subscription@centralalaa.org

Continued on page 5

MARK YOUR CALENDAR



INTERGROUP MONTHLY MEETING

SATURDAY, SEPTEMBER 29, 2018

8:00AM @ LEGACIES GROUP

3412 ATLANTA HWY, MONTGOMERY, AL 36109

DISTRICT 8 MONTHLY MEETING

SATURDAY, SEPTEMBER 29, 2018

9.30AM @ LEGACIES 3412 ATLANTA HWY, MONTGOMERY, AL 36109

ALABAMA/NW FLORIDA AREA ASSEMBLY OCTOBER 5-7, 2018

MORE INFO ON AREA 1 WEBSITE

HTTP://WWW.AAAREA1.ORG/

CLARION INN & SUITES HOTEL

1577 S. COLLEGE STREET, AUBURN, AL 36830

PRATTVILLE DOWNTOWN GROUP 2018 ANNIVERSARY

SEPTEMBER 8, 2018

5:00 PM - 9:00 PM

FOOD! FUN! FELLOWSHIP!

SPEAKER: DALE J., MONTGOMERY AND THE WORLD

ST. MARK'S EPISCOPAL CHURCH

178 4TH STREET, PRATTVILLE, AL 36067

DAILY REFLECTIONS GROUP MEETING CHANGES

ALL MEETINGS CANCELLED WHILE THE GROUP SEARCHES FOR A **NEW MEETING PLACE**

MORE EVENTS & INFO:

HTTP://WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/

PLEASE NOTE NEW EMAIL ADDRESSES:

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Steps— Joni G.

The Concepts—Travis M.

The Traditions—Vicki S.

Birthdays—Service Opportunity

Events Recap— Service Opportunity

Literature—Service Opportunity

Mark Your Calendar— Service Opportunity

Sober Parenting— Service Opportunity

Photography—Service Opportunity

Behind the Bars— Service Opportunity

We welcome your assistance!

To get involved, contact us at Post.Editor@centralalaa.org

www.centralalaa.org **Your District 8 online**

www.aaarea1.org

Your Area 1 online

www.centralalaa.org/unity/intergroup/literature/

Literature at Central Office

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 1980, LaVina.

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® GROUP MEETINGS The Post / Page 3

Updated: April 21, 2018

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONTGOMERY	1						1
12 Steps Group of AA Heritage Baptist Church 1849 Perry Hill Road, 36106 (Meeting in Room 127)		C-D-ST-BG 6p					
A Vision for You Group of AA Baptist Health Training Entrance 2010 Normandie Dr., 36111			O-D 7p				
Chapter 9 Group of AA CAP Auditorium 1153 Air Base Blvd., 36108						O-D 1:30p	O-D 1:30p
Chisholm Group of AA 1409 Federal Drive, 36107	C-D-Sm - 12p C-ST-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-L-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm 6p	O-S 6p
Fellowship Group of AA Grace Church at Bell Road 5 Bell Road, 36117 (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6p	C-D-BG * 6p		C-D-BG * 6p	C-L & BG * 6p	0-S 6p	C-D* - 2p C-D-W - 6p
Happy Hour Group of AA 3466 Eastdale Circle, 36117 (Next to Fortis College)	C-D - 6:30a C-D - 12p C-D - 6p	C-D - 6:30a C-D - 12p C-L - 6p	C-D - 6:30a C-L - 12p C-D - 6p	C-D - 6:30a C-D - 12p O-BG - 6p	C-D - 6:30a C-D - 12p C-D - 6pm O-S - 7p (1st Friday)	C-D 12p	C-D - 12p O-D - 6pm
The Legacies Group of AA 3412 Atlanta Highway, 36109 (Enter off Forest Hills Drive)	C-D - 12p C-D - 6p	C-L 12p	C-D - 12p O-S - 8p	C-D 12p	C-D - 12p C-D-CL - 8p		C-D 9a
Living Sober Group of AA Mental Health America 1116 South Hull Street, 36104	C-D 6p		C-D 6p				
Sole Purpose Group of AA 22 North California Street, 36107	C-D 7:30p			C-L 7:30p			C-D 7:30p
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaughn Road, 36117	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA Bradford Health Services 386 St. Luke's Drive, 36117	O-D 11a	O-D 11a	O-D 11a	O-D 11a	0-D 11a		
We Stopped in Time Group of AA Unitarian Universalist Fellowship 2810 Atlanta Highway, 36109 (Enter at back off Dunn Drive)		O-D-YP 8p				O-D-YP 8p	
CLANTON		<u>'</u>					<u>'</u>
Clanton Group of A.A. Trinity Episcopal Church 503 2 nd Ave. S, 35045	O-D 7p			0-L 12p		O-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beeland St, 36037 334-437-2015 or 334-662-7129	C-D 7p			C-D * 7p			
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road, 36043 (Silver trailer behind church)		O-D 6p					
MAPLESVILLE							
Maplesville Group of AA Highway 139, PO Box 231, 36750					0-D 8p 0-S 3™ Fri.		C-D 8p

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MILLBROOK							
Primary Purpose Group of AA Church of the Nazarene 3251 Browns Road, 36054 (In the Fellowship Hall)		O-D 6p		C-D 6p			
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 East 4th Street, 36067	0-L 12p	C-D 12p		C-D 12p	C-D 12p	C-D-W 10a	
Daily Reflections Group of AA Prattmont Baptist Church 814 Smith Avenue, 36067		O-D 8p		C-D 8p	O-D-YP 8p	0-S 8p	
Prattville Downtown Group of AA 326 West 5th Street, 36067	0-S 6:30p	0-BG 6:30p	O-D - 12p C-D - 6:30p	C-D - 6:30a C-L - 6:30p	0-ST-S 6:30p	C-D - 12p O-D-Cl - 6:30p	O-D - 12p C-ST - 6:30p
SELMA	•	•	•			•	
5th Tradition Group of AA West End Baptist Church 504 Cahaba Rd., 36701					C-D 6:00p		
Selma Group of AA Dallas County Courthouse 105 Lauderdale Street, 36701	0-D 12:30p	O-D 6p	0-D 12:30p	O-D 6p	0-D 12:30p		O-D 6p
Braveheart Group of AA St Paul's Episcopal Church 210 Lauderdale Street, 36701	C-D 6p		C-D 6p				
TALLASSEE						•	
Ray of Hope Group of AA Kent Community Center 2872 Kent Road, Kent, AL 36078	O-L 7p		C-D 7p		O-D 7p		C-D 3p
12&12 Group of AA E. Tallassee United Methodist Church 101 Central Blvd, Tallassee 36078		0-ST * 7p					
UNION SPRINGS							
An A.A. Group Bradford Health Services 102 Conecuh Ave, West, 36089 (In Bullock County Hospital)	O-D 7p		O-D 7p				
WETUMPKA							
Free World Group of AA Elmore County Extension Office 340 Queen Anne Road, 36092 (Metal Outbuilding)							C-D 7:30p
Wetumpka Group of AA 103 West Tuskeena St., 36092	C-D * 7p						O-D 6p

Montgomery Intergroup provides this schedule of A.A. group meetings in this service area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval or endorsement of any group's approach to or practice of the traditional A.A. program.

LEGEND				
O = Open Meeting Anyone interested in the A.A. program may attend.		C = Closed Meeting Limited to those with a drinking problem and a desire to stop drinking		
D = Discussion Meeting	Sp = Speaker Meeting	L = Literature Study (BB, 12/12, etc.)	St = Step Study	
CI = Candlelight Meeting	W = Women's Meeting	LGBT = Lesbian, Gay, Bi, Transgendered	BG = Beginners Meeting	
Sm = Smoking Permitted	YP = Young People & Young at Heart	* = Al-Anon Meets Simultaneously	** = Alateen Meets Simultaneously	

Montgomery Intergroup Central Office 828 Forest Avenue, Suite A, Montgomery, AL 36106 Open Mondays from 10 am until 2 pm.

http://www.centralalAA.org/recovery/AA-meeting-list/

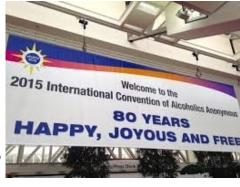
the film "Bill Discusses the 12 Traditions" was introduced.

Five years later in 1975 our Fellowship made a journey to purposes of holding Denver, Co. for our 40th Anniversary. This was the first Convention that held the Flag Ceremony. Twenty-nine countries were represented. Then in 1980 we made it down to New Orleans. It was here that recently completed film, "Markings on the Journey" was screened. Also, Dr. Bob's son addressed our Fellowship. He stated he was "probably the only person here who was present when Bill met Dr. Bob". Montreal hosted the our 50th Anniversary celebration in 1985. Over 45,000 people were in an attendance, double the number from New Orleans. It was here the five millionth Big Book was present to Ruth Hock. She was Bill's secretary who typed the original manuscript of our book.

Jump ahead 20 years and we are in Toronto for our 70th Anniversary. And by "we", I mean I was there too. It was my first International. It was an experience I will never forget. From the Flag Ceremony, Old-timers Meeting, to three countries, Cuba, Mongolia and Qatar having A.A.s present for the first time, it was a spiritual experience I have trouble expressing. The overwhelming sense that I am not center of the universe and the gratitude of those before me. The realization that A.A. is more than me getting sober, more than my home group. My perception of what it means for those that have not found a

solution, how I should do all I can to carry our message and preserve our purpose grew exponentially. What moved me the most was the non-alcoholic doctor from the People's Republic of China. I attended what was basically a CPC workshop. The doctor stated he and group of other doctors were allowed to attend the 2000 International Convention in Minneapolis as an observer. Later that summer after returning to Beijing, he and another doctor were able to establish the first A.A. groups in two hospitals and they would celebrate 5 years later that month. There was not a dry eye in the room as he spoke.

One of the an International A.A. Convention is to let the world know that A.A. is alive and flourishing as a community resource, locally and internationally. In two years, there will be thousands of



individual examples of how A.A. works converging on Detroit. There will be individuals from many backgrounds and they will speak different languages but all will carry the same message only one alcoholic can give to another alcoholic by sharing their experience, strength and hope.

Below is Info sheet I took from GSO archives. It was created before 2015 so there is not a value for the number of attendees for Atlanta.

Trei J., Strange Camels Group



DATE	LOCATION	THEMES	APPROXIMATE NUMBER OF ATTENDEES
July 28 – 30, 1950	15th Anniversary		3,000
(Friday through Sunday)	Cleveland, Ohio		
July 1 – 3, 1955	20th Anniversary		3,500
(Friday through Sunday)	St. Louis, Missouri		
July 1 – 3, 1960	25th Anniversary	Recovery, Unity, Service	8,900
(Friday through Sunday)	Long Beach, California		
July 2 – 4, 1965	30th Anniversary	Responsibility	10,400
(Friday through Sunday)	Toronto, Ontario, Canada		
July 3 – 5, 1970	35th Anniversary	Unity	10,700
(Friday through Sunday)	Miami, Florida		
July 4 – 6, 1975	40th Anniversary	Let It Begin With Me	19,500
(Friday through Sunday)	Denver, Colorado		
July 3 – 6, 1980	45th Anniversary	The Joy of Living	22,500
(Thursday through Sunday)	New Orleans, Louisiana		
July 4 – 7, 1985	50th Anniversary	Fifty Years With Gratitude	45,600
(Thursday through Sunday)	Montreal, Quebec Canada		
July 5 – 8, 1990	55th Anniversary	55 Years – One Day At A	48,000
(Thursday through Sunday)	Seattle, Washington	Time	
June 29 – July 2, 1995	60th Anniversary	A.A. Everywhere – Anywhere	56,000
(Thursday through Sunday)	San Diego, California		
June 29 – July 2, 2000	65th Anniversary	Pass It On – Into the 21st	47,500
(Thursday through Sunday)	Minneapolis, Minnesota	Century	
June 30 – July 3, 2005	70th Anniversary	I Am Responsible	43,700
(Thursday through Sunday)	Toronto, Ontario, Canada		
July 1 – 4, 2010	75th Anniversary	A Vision For You	53,000
(Thursday through Sunday)	San Antonio, Texas		
July 2 – 5, 2015	80th Anniversary	80 Years – Happy,	
(Thursday through Sunday)	Atlanta, Georgia	Joyous and Free	

The Legacies Group Now Has a Saturday 12 Noon Closed Meeting

STEP EIGHT

MADE A LIST OF ALL PERSONS WE HAD HARMED AND BECAME WILLING TO MAKE AMENDS TO THEM ALL.

Our literature states we alcoholics have been incapable of having healthy relationships. After completing my personal inventory, it was obvious that was certainly true for me. Steps 8 and 9 are about personal relations. Before rebuilding any relationship or forming new, healthier ones, I had to be entirely honest in identifying those I had harmed and take responsibility for my part.

Using the 4th step as a start to making my list, there were many I hurt who weren't on my inventory as I had no resentment against them. I started making a list of people I had harmed because of my drinking and how I had hurt them due to my selfishness, pride, dishonesty, and all other character defects identified on my personal inventory. These names had been in my head for a good while so it wasn't too difficult to put it all down on paper. The wrongs others had done had been paramount my whole life as it allowed me to ignore or minimize my own behavior. In making my list, I had to stop blaming others (recovery begins when the

blaming ends!). I tried to focus on my own conduct and disregard what others had done to me. I was just making a list—even if I wasn't yet willing to make the amends. It took honesty and some courage to add certain names to the list, but I swallowed my pride and completed a thorough

The second part of Step 8 is to become willing to make amends to them all. I was willing to make some amends immediately, however, some would require a lot of prayer. For those I wasn't willing or ready to make, I asked for willingness for myself and forgiveness for those who had harmed me. It was tough facing the wreckage of my past. Step 8 was the beginning of my amends process and the beginning of being able to forgive myself and others. By making the list, I began to take action toward healing and learning to live in this world in greater peace and understanding.

Joni G., Prattville Downtown Group

list.

HOME GROWN

GROWN

http://www.centralalAA.org/recovery/twelve-steps/

TRADITION EIGHT

ALCOHOLICS ANONYMOUS SHOULD REMAIN FOREVER NONPROFESSIONAL, BUT OUR SERVICE CENTERS MAY EMPLOY SPECIAL WORKERS.

Long Form: Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

The first key issue of this tradition to me is that no AA member should get paid for 12th step work. It takes away the magic of one

alcoholic working one on one with another alcoholic in hopes to reduce his fear just enough that he might take an action he doesn't believe will work. If my sponsor was paid to work with me it would take away all credibility.

The second part of this tradition tells me we should pay the same wage for the comparable work for positions that are needed to make 12th step work possible.

The last sentence wraps it up like this, "Our 12th step is never to be paid for, but those who labor in service for us are worthy of their hire."

Vicki S., The Legacies Group

http://www.centralalAA.org/unity/the-twelve-traditions/

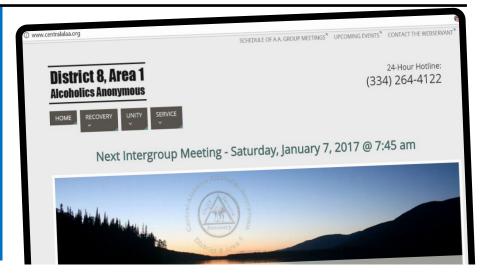
NEWS - EVENTS - MEETINGS

DON'T FORGET OUR WEBSITE

WWW.CENTRALALAA.ORG

http://www.centralalAA.org/

UNITY - SERVICE - RECOVERY



CONCEPT VIII

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

Our Trustees main responsibility is to ensure the good conduct of our world affairs. Concept VIII discusses how the trustees best coordinate their heavy obligations. We expect our board to oversee the changes that we discuss at the world conference. By definition our Trustees are to plan, manage, and execute the directives we delegate to them. The planning and discussion of our policy changes is not a matter they have time for. That's

why we have separate committees for each service to AAWS. Time and experience operating this way has proven this to be the most effective method.

Again we see Bill W's background in business in this concept. This methodology of operation is the same model used by large business corporations. The board is a holding company for AAWS. Its sole purpose is the oversight of the Grapevine and AAWS. With the huge responsibility of policy, finance, group relations, public relations and leadership the

Trustees can't be expected to worry about litigation being deliberated within the service structure. Otherwise who would be concerned with the legal, financial, and managerial with obligation of carrying out said litigation.

Travis M., WSIT (We Stopped In Time)

GROWN

http://www.centralalAA.org/service/twelve-concepts/



July Birthdays

Happy Hour		
Walter A.	July 4, 1987	31 years
Brett A.	July 7, 2014	4 years
David C.	July 14, 2016	2 years
Kimberly J.	July 14, 2017	1 year
Julie C.	July 22, 2010	8 years
Joe S.	July 25, 1983	35 years
Shannon H.	July 31, 2016	2 years
		TOTAL 83 YRS

7/46/46	2
	2 yrs
07/10/12	6 yrs
07/01/13	5 yrs
07/13/14	4 yrs
07/20/12	6 yrs
07/27/14	4 yrs
07/27/82	36 yrs
	07/13/14 07/20/12 07/27/14

		TOTAL 63 YRS
PDG		
Tammy F	7/16/1991	27 yrs
April	7/28/2012	6 yrs
		TOTAL 33 YRS
Legacies		
Ashley B.	7/20/2005	13 yrs
Craig M.	7/13/1994	24 yrs
Greg G.	7/5/1985	33 yrs
Sue S.	7/24/2017	1 yr

7/27/1999

7/27/2009

7/1/1993

Tom H.

Warren S.

Myles W.

TOTAL FOR JULY 303 YEARS!

19 yrs

9 vrs

25 yrs

TOTAL 124 YRS

CELEBRATING AN A.A. BIRTHDAY?

AT YOUR NEXT BUSINESS MEETING

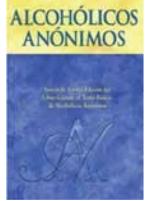
ASK YOUR G.S.R. OR GROUP

SECRETARY TO SEND IN MEMBER

BIRTHDAYS TO THE POST.

Post.Editor@centralalaa.org

¿QUÉ ES A.A.?



Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, automantenida, multiracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para

solucionar su problema con la bebida.

Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres y mujeres a recuperarse del alcoholismo.

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

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Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

Abierto los Lunes de 10:00 - 2:00pm. 828 Forest Avenue, Suite A Montgomery, AL 36106 Tel: (334) 264-4122

Intergroup@centralalaa.org http://www.AA.org

>> para mas informacion y recursos en Espanol

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca dela recuperación en las reuniones de Alcohólicos Anónimos por favor póngase en contacto conmigo Oni S., a través de Post.Editor@centralalaa.org.

