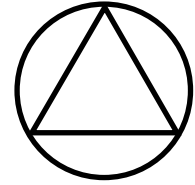


# The Post

## POWER OF SOBER THOUGHT



April 2018

Volume 14 Issue 4

### HISTORY FEATURE

#### THE ROAD TO OUR FIRST CONFERENCE

Since it is April and our General Service Conference, GSC, is right around the corner I thought it would be a good time to briefly cover the history of how the Conference came to be and give some fact about the first Conference. For members active in our Third Legacy, the Conference is a yearly fact of our lives. Groups in this district are even more aware since our Area holds a Pre-Conference assembly. During this assembly our groups are asked to serve the fellowship by giving an informed Group Conscience to our delegate for Conference.

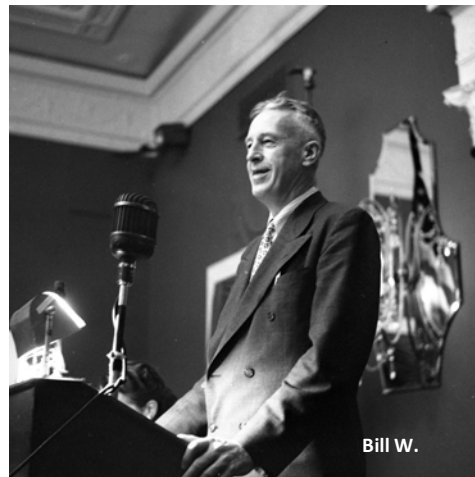
As most new adventures in early A.A., the GSC was born in the imagination of Bill. The decade of the 1940's was a volatile time for AA.; mostly known for being the period of time the Traditions were hammered out by the errors of groups and members. It was also during this time Bill began to see there was another the need for the fellowship, our Third Legacy of Service. This Legacy ensures not only are services of local Groups are meet but the services that allow us to function as whole, AA General Service Office, AA Publishing, etc. are supported and grown.

Bill began to realize that since AA's birth the services that held AA together were solely the responsibility of a few old-timers, Bill, Dr. Bob and a few of their non-alcoholic friends. Though not fully formed in their final appearance until the 1954 conference, Bill recognized six reasons why a conference was needed:

1. Bill and Bob were not going to live forever.
2. The trustees were generally unknown in the Fellowship.
3. The trustees would need future guidance from the movement itself
4. Appreciation the AA was growing up and was able to assume rightful responsibility for Headquarters and services.

5. The trustees needed to be in closer contact with the movement.
6. The need to be prepared to face some potentially grave crisis with action in the best interests of AA.

Bill believed when the links (Bob and himself) which held AA's General services together was removed, a collapse of our



top services was possible. AA Headquarters could collapse because the membership would not understand the need for its services. Another issue that drew Bill's concern was if a major crisis occurred, the Trustees would act for the fellowship without our guidance then their collapse would be likely. Bill realized the need for the Membership and the Trustees to see that we were one society, not a them in New York and us carrying AA's message.

With these concerns Bill began to formulate a plan which included delegates from the membership around the country being in close contact with the Trustees. In 1947 he wrote a proposal entitled "The Alcoholic Foundation of Yesterday, Today and Tomorrow" which were preliminary ideas for the Conference. There was little support for the changes Bill had envisioned. One nonalcoholic Trustee actually resigned over the debate. Bernard Smith was his only ally on the Board.

*Continued on page 6*

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**WOULD YOU LIKE TO VOLUNTEER OR CONTRIBUTE TO THE POST? TO GET INVOLVED, CONTACT US AT [Post.Editor@centralalaa.org](mailto:Post.Editor@centralalaa.org) <<NEW EMAIL**

THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

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**Contributions for print subscriptions are encouraged.**

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[Post.Subscription@centralalaa.org](mailto:Post.Subscription@centralalaa.org) <<NEW EMAIL

## MARK YOUR CALENDAR



### INTERGROUP MONTHLY MEETING

**SATURDAY, MAY 5, 2018**

8:00AM @ LEGACIES GROUP

3412 ATLANTA HWY, MONTGOMERY, AL 36109

### DISTRICT 8 MONTHLY MEETING

**SATURDAY, MAY 5, 2018**

9.30AM @ LEGACIES (NEW TIME)

3412 ATLANTA HWY, MONTGOMERY, AL 36109

### FELLOWSHIP GROUP A.A. & ALANON

**WILL NOT MEET THESE DATES:**

**WEDNESDAY, MAY 9 - SATURDAY, MAY 12TH**

**SUNDAY, MAY 20TH**

**SUNDAY, JUNE 3 - FRIDAY, JUNE 8TH**

**SATURDAY & SUNDAY - JUNE 23RD & 24TH**

**SATURDAY & SUNDAY - JULY 7TH & 8TH**

### DAILY REFLECTIONS GROUP MEETING CHANGES

**PRATTMONT BAPTIST CHURCH**

**814 SMITH AVENUE**

**PRATTVILLE, AL**

TUESDAY 8PM O-D

THURSDAY 8PM C-D

FRIDAY 8PM YP

SATURDAY 8PM SPEAKER

### ALABAMA/NW FLORIDA AREA ASSEMBLY

**JULY 13-15, 2018**

MORE INFO ON AREA 1 WEBSITE

[HTTP://WWW.AAAREA1.ORG/](http://www.aaarea1.org/)

CLARION INN & SUITES HOTEL

1577 S. COLLEGE STREET, AUBURN, AL 36830

### **MORE EVENTS & INFO:**

[HTTP://WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/](http://www.centralalaa.org/unity/upcoming-events/)

### **PLEASE NOTE NEW EMAIL ADDRESSES:**

Montgomery Area Intergroup Central Office

[Intergroup@centralalaa.org](mailto:Intergroup@centralalaa.org)

Post Editor

[Post.Editor@centralalaa.org](mailto:Post.Editor@centralalaa.org)

Post Subscription Requests or Questions

[Post.Subscription@centralalaa.org](mailto:Post.Subscription@centralalaa.org)

←NEW EMAIL

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Editorial Advisor—Keith P.

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Composer—Matt S.

Distribution—Keith P.

### **Departments**

History—Trei J.

*Español* Spoken Here—Oni S.

Steps—Joni G.

The Concepts—Travis M.

The Traditions—Vicki S.

Birthdays—*Service Opportunity*

Events Recap—*Service Opportunity*

Literature—*Service Opportunity*

Mark Your Calendar—*Service Opportunity*

Sober Parenting—*Service Opportunity*

Photography—*Service Opportunity*

Behind the Bars—*Service Opportunity*

**We welcome your assistance!**

**To get involved, contact us at**

[Post.Editor@centralalaa.org](mailto:Post.Editor@centralalaa.org)

[www.centralalaa.org](http://www.centralalaa.org)

**Your District 8 online**

[www.aaarea1.org](http://www.aaarea1.org)

**Your Area 1 online**

[www.centralalaa.org/unity/intergroup/literature/](http://www.centralalaa.org/unity/intergroup/literature/)

**Literature at Central Office**

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 1980, LaVina.

For copies of Intergroup/District 8 minutes see your GSR or sign up for The POST online [Post.Subscription@centralalaa.org](mailto:Post.Subscription@centralalaa.org)

For copies of Intergroup/District 8 minutes see your GSR or sign up for The POST online [Post.Subscription@centralalaa.org](mailto:Post.Subscription@centralalaa.org)

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The idea was a Conference representing the membership which could meet yearly with the trustees would lessen the “Us and Them” feelings between the membership and Headquarters. “We” would assume direct responsibility for the guardianship of AA Tradition and the direction of our principal service affairs by holding these yearly meetings. The Conference would ensure the Trustees would understand the conscience of the Membership and the Membership would understand the importance of Headquarters. After a couple of years of pushing his idea, the Trustees finally agreed to give a try (it seems they agreed after Dr. Bob signed off on it a short time before he died; whether a coincidence or not, do not know).

Our first General Service Conference was held April 20-22, 1951,



Commodore Hotel in New York

at the Commodore Hotel in New York. Thirty-Seven Delegates attended the first Conference (37 more the next year. Beginning of the Odd-Even numbering of Panels and delegate rotation). According to one article, a lot of fear from the Delegates, staff members, Trustees and anyone else existed. However, these fears were quickly supplanted with the “typical feel of a General Service Conference, even that first one”. The Delegates meet with 15 Trustees, Bill, GSO staff members and Grapevine.

The figures the Delegates looked at were impressive. There were 4,000 registered groups and a membership listed at 120,000. The annual operation budget for Headquarters was \$107,000.00. There were 88,000 pieces of mail handled and one million books and pamphlets distributed. A couple examples of the actions taken were AA literature should have Conference Approval and the Conference was acting under a temporary charter for the next three years. More actions were deferred until 1952 when the Conference would have full strength of Delegates.

Only five committees of the Conference existed in 1951. There the Advisory committee on the budget, Agenda committee, Conference Report, Trustees Committee, and a Literature Committee.

There were still some fear and apprehension about the fate of the conference from some after 1951. However, Bill believed that it was necessary for the future of AA. The fruits of his actions have helped the fellowship remain a beacon to those who drink not only in the US and Canada but world-wide. Below is a quote from Bill at the close of the last “trial” Conference in 1954:

“Today, in this last hour of the time of experiment, I share with you the promise of its certain success and am more moved than at almost any time in my A.A. life. The moment of the transfer of authority to serve, from us old timers to the movement, is at hand.”

*Trei J., Strange Camels Group*



**MONTGOMERY AREA 75<sup>TH</sup> ANNIVERSARY OF ALCOHOLICS ANONYMOUS WHAT? WHAT HAPPENED TO THE 74<sup>TH</sup>?**

The Anniversary committee has previously elected a new chairperson at the wrap-up meeting of each year’s event. Unfortunately this year’s chairperson moved without notifying anyone that someone should be elected. So, the event was not planned.

The committee has not reported to, or been accountable to Intergroup or Central Office, or any service structure or committee of AA—just a group of AAs throwing a party for us. However, Central Office has held a specific checking account for the Anniversary Committee for many years.

Discussion arose at the monthly Intergroup meeting to inquire with each group to see if they would like the Intergroup Central Office to oversee the event/committee. Thus, the Anniversary Committee would report to Intergroup as do other Intergroup committees (POST, 24/7 Hotline, 12 Step Committee).

AAWS Guidelines for Intergroup/Central Offices state “An A.A.

central/intergroup office is a logical body to manage the details of an annual dinner, picnic, or convention, if the participating groups wish it.” So if your group wishes it, please ask your Intergroup rep to bring the group’s decision to the Intergroup meeting to be voted on at the June 2<sup>nd</sup> meeting.

The Anniversary is an event that goes way back in local history. The celebrated date was February 22, 1944. It was a black-tie / cocktail dress event back in the 1960s’ that was held in a ballroom at one of the finer downtown hotels and included a buffet dinner. Tickets were sold or awarded to anyone who couldn’t afford a ticket.

Should the groups vote to continue the Anniversary, with a committee formed through the Intergroup/Central Office, each group will be asked to have a volunteer serve on the committee and contribute to the event which should be held sometime in February 2019.

*Debra W., The Legacies Group*



**STEP FOUR****MADE A SEARCHING AND FEARLESS MORAL INVENTORY OF OURSELVES.**

Step 4 was the first time I had ever taken an honest look at myself. I heard in treatment our secrets keep us sick--that certainly applied to me. Not only were there causes and conditions I hadn't even seen or acknowledged yet, there were many things I had never faced or even talked about with anyone. Some AA members talked about how hard the 4th step was and how they procrastinated getting it done. I didn't delay (much) as I understood how important it was to see the flaws in me which caused my failure, kept me from living life on life's terms, and what had been blocking me from the sunlight of the Spirit. I followed the directions given in the Big Book starting with resentments. Although I didn't think I had many, once I started writing, the opposite was true. Some were trivial; others were deeper and more hurtful. The first three columns were easy. The third column was important to me because I was able to see how these resentments had been and were affecting my entire being.

Once I got to the fourth column of listing my mistakes, I began to see how I had a part in all of them. As I saw my part in the resentments, the power they had over me started to dissipate. I continued on with the fear and sex inventories which were just as important and revealing. Fear had been driving me and would

continue to until I started trusting God. I finished my 4th step quickly and was as thorough as I could be at the time. I saw, even with the resentments where people had harmed me, I carried that justified anger my entire life and had more often than not put myself in positions to be hurt. It was an eye-opening experience and when I was finished, as it says in the Big Book, I had swallowed some big chunks of truth about myself. My selfishness, self-centeredness, dishonesty, pride and ego, and fears were right there in black and white. Until then, I had never thought I needed to change since it was everyone else's fault. I gained new perspective on myself and began to see that the problem was me.

It was time to stop playing the victim and the blame game, to take responsibility, and to move forward. Step 4 wasn't a horrible experience for me. I felt it was the beginning of a new way of living, and I felt a huge sense of relief. Unfortunately, I've had to do some "mini 4th steps" in my sobriety which probably could have been avoided if I had been practicing Step 10 more diligently! I'm grateful for my 4th step experience.

Joni G., Prattville Downtown Group

<http://www.centralAA.org/recovery/twelve-steps/>

HOME  
GROWN

**TRADITION FOUR****(SHORT): EACH GROUP SHOULD BE AUTONOMOUS EXCEPT IN MATTERS AFFECTING OTHER GROUPS OR A.A. AS A WHOLE.**

Tradition Four (Long): With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.

As the *12 Steps and 12 Traditions* points out, every group is a band of ego-driven individualists that have sobriety as their sole objective. In all other respects there is perfect freedom of will and action. Each group has "the right to be wrong".

This is the Tradition we look to as a group to help us plan events, set meeting schedules...and the like. We want to

maximize AAs exposure and availability to all, especially the newcomer who is eager to go to as many AA functions as possible.

The 4<sup>th</sup> Tradition is where we find the only rule in AA:

Rule #62..."Don't take yourself too damn seriously"

Vicki S., The Legacies Group

<http://www.centralAA.org/unity/the-twelve-traditions/>

HOME  
GROWN

**REMINDER OF DISTRICT 8'S TWO WOMEN'S MEETINGS****FELLOWSHIP GROUP**

Sundays 6:00 pm – 7:00 pm

Grace Church at Bell Road

5 Bell Road, Montgomery, AL 36117

<http://www.centralAA.org/fellowship-group/>

**AUTAUGA S.O.S. GROUP**

Saturdays 10:00 am - 11:00 am

St. Mark's Episcopal Church

178 East 4th Street, Prattville, AL 36067

<http://www.centralAA.org/autauga-sos-group/>

ALSO, GET THE LATEST MEETING SCHEDULE AT [WWW.CENTRALAA.ORG](http://WWW.CENTRALAA.ORG)

## THE NEXT ALABAMA/NW FLORIDA AREA ASSEMBLY JULY 13-15, 2018

MORE INFO ON AREA 1 WEBSITE [HTTP://WWW.A.A.AREA1.ORG/](http://www.a.a.area1.org/)  
CLARION INN & SUITES HOTEL  
1577 S. COLLEGE STREET  
AUBURN, AL 36830

### IT'S NEVER TOO EARLY IT HAS ONLY JUST BEGUN

I was tricked into sobriety. The guy I was dating at the time was in recovery, but I did not know that at the time. He proposed one night that we go to an A.A. meeting. I, not knowing what that was, obliged. That night turned out to be the beginning of the best thing in my life.

I was eleven when I started drinking, and I got sober two weeks before my sixteenth birthday. Needless to say, in those five years, I reached a low that I did not know fifteen-year-olds were capable of hitting. Something I had an issue with in the beginning was validating my alcoholism. I compared myself to the other people in A.A. who had lost nearly everything material. I still lived with my parents. I was still in school. I never lost a job because I had not yet had one. I obviously did not have a wife or children, so that left me in a strange brain-space. I tried to use those facts to justify me not being alcoholic. However, the fact of the matter is that I had lost everything. I couldn't look in the mirror. I either slept all day, or stayed up for days on end. I felt worthless, and broken, and I tried countless times to bring the bitter end to me since it was taking too long on its own. I know today why I failed so many times. I know today that the only reason I am alive is to be useful.

At the beginning of my sobriety, I thought my life was over. What about college? What am I going to do in college? College is when people go crazy, and create all of those, "Remember that time when..." stories. I cannot miss out on that. I am years away from the legal drinking age; what then? These concerns of missing out, or not having a

story filled with grandeur fell away as I became more involved with the fellowship. I have more fun now than I did when I was drinking, and what's more is I can *remember it*. I have friends that are in my life because of me, and not something I have to offer. I recently had a birthday, and turned nineteen. I never thought that I could be young, sober, and happy, but here I am. I sponsor other young women who have the same worries. They have the "stupid, boring, and glum" complex as most young alcoholics do, but the truth is that sobriety is what we make it. I choose to make it a way for me to be a vessel of light and love to those who, like me, feel unlovable. I have heard it said in the rooms that we are hedonists. If something we are participating in doesn't feel good, we will not keep doing it. I have been an active member in Alcoholics Anonymous for three years and some change now, and I can verify that it's the purest buzz I've ever felt. Not only am I useful today, but I experience happiness. I was blessed to have been able to hit a bottom so early, or I would be dead. I know that for a fact. It's never too early to step into the sunlight of the spirit. It's never too early to get sober. When it feels like life is over, it has only just begun.

*Lil. L.*, WSIT (We Stopped In Time)

HOME  
GROWN

### DAILY REFLECTIONS GROUP MEETING

#### CHANGES

PRATTMONT BAPTIST CHURCH  
814 SMITH AVENUE  
PRATTVILLE, AL

TUESDAY 8PM O-D

THURSDAY 8PM C-D

FRIDAY 8PM YP

SATURDAY 8PM SPEAKER



*Please save the date.*

# *Big Book Comes*

## **ALIVE**

### *Montgomery*

#### *The West Coast Journey in the South*

## *June 22 ~ 23 ~ 24*

## *2018*

**Don L.** (Washington State)

*"The spiritual life is not a theory."*

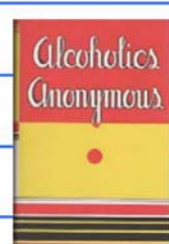
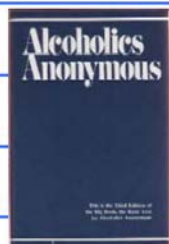
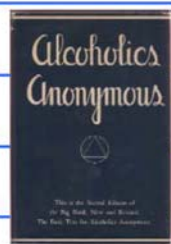
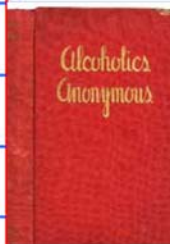
*Big Book - pg 83*

**Sheldon F.** (Las Vegas)

*"The tremendous fact for every one of us is that we have discovered a common solution."*

*Big Book - Pg 17*

*More details to follow.*





## March Birthdays

### FELLOWSHIP

KAY C	03/08/80	38YRS
JAY R	03/01/17	1YR
FAYE H	03/11/89	29YRS
PENNY C	03/02/13	5YRS
SCOTT S	03/25/17	1YR
<b>Total</b>		<b>74</b>

### HAPPY HOUR

MARGEN G.	3/4/2012	6 YEARS
RAHEEM A.	3/15/2002	16 YEARS
JEROME	3/16/2014	4 YEARS
ISMENIE N.	3/18/1983	35 YEARS
BARBARA P.	3/18/2017	1 YEAR
CORKY H.	3/30/1992	26 YEARS
<b>Total</b>		<b>88</b>

### LEGACIES

MATT D		1 YR
JASON T		14 YRS
SUSAN MIN		16 YRS
STEVE H		23 YRS
<b>Total</b>		<b>54</b>

### CHISHOLM

PAM B. -	3/21/2002 -	16 YEARS
<b>Total</b>		<b>16</b>

### PRATTVILLE DOWNTOWN GROUP

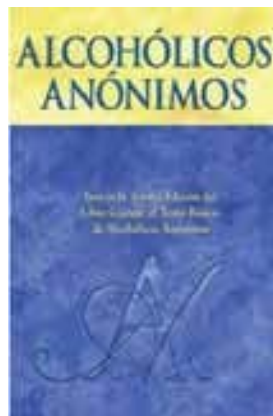
GENE S	3/14/2000	18 YRS
MARVIN	3/17/2000	18 YRS
OTIS	3/18/1993	25 YRS
RAGAN	3/19/2015	3Y RS
JOHN P	3/22/2016	2Y RS
GARY S	3/23/2004	14 YRS
KEVIN V	3/25/2017	1 YR
<b>Total</b>		<b>81</b>

**Total for March 225 Years!**

**Celebrating an A.A. birthday? At your next business meeting ask your G.S.R. or Group Secretary to send in member birthdays to The Post.**

[Post.Editor@centralalaa.org](mailto:Post.Editor@centralalaa.org)

## ¿QUÉ ES A.A.?



Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, automantenida, multirracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para

solucionar su problema con la bebida.

*Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres y mujeres a recuperarse del alcoholismo.*

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

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Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

Abierto los Lunes de  
10:00 - 2:00pm.

828 Forest Avenue, Suite A  
Montgomery, AL 36106  
Tel: (334) 264-4122

[Intergroup@centralalaa.org](mailto:Intergroup@centralalaa.org)  
<http://www.AA.org>

**>> para mas informacion y recursos en Espanol**

\*\*\*\*\*

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca de la recuperación en las reuniones de Alcohólicos Anónimos

por favor póngase en contacto conmigo

Oni S., a través de [Post.Editor@centralalaa.org](mailto:Post.Editor@centralalaa.org).



## MONTGOMERY INTERGROUP DIRECTORY OF A.A.® GROUP MEETINGS

Updated: April 21, 2018

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>MONTGOMERY</b>							
<b>12 Steps Group of AA</b> Heritage Baptist Church 1849 Perry Hill Road, 36106 (Meeting in Room 127)		C-D-ST-BG 6p					
<b>A Vision for You Group of AA</b> Baptist Health Training Entrance 2010 Normandie Dr., 36111			O-D 7p				
<b>Chapter 9 Group of AA</b> CAP Auditorium 1153 Air Base Blvd., 36108						O-D 1:30p	O-D 1:30p
<b>Chisholm Group of AA</b> 1409 Federal Drive, 36107	C-D-Sm - 12p C-ST-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-L-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm 6p	O-S 6p
<b>Fellowship Group of AA</b> Grace Church at Bell Road 5 Bell Road, 36117 (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6p	C-D-BG * 6p		C-D-BG * 6p	C-L & BG * 6p	O-S 6p	C-D* - 2p C-D-W - 6p
<b>Happy Hour Group of AA</b> 3466 Eastdale Circle, 36117 (Next to Fortis College)	C-D - 6:30a C-D - 12p C-D - 6p	C-D - 6:30a C-D - 12p C-L - 6p	C-D - 6:30a C-L - 12p C-D - 6p	C-D - 6:30a C-D - 12p O-BG - 6p	C-D - 6:30a C-D - 12p C-D - 6pm O-S - 7p (1st Friday)	C-D 12p	C-D - 12p O-D - 6pm
<b>The Legacies Group of AA</b> 3412 Atlanta Highway, 36109 (Enter off Forest Hills Drive)	C-D - 12p C-D - 6p	C-L 12p	C-D - 12p O-S - 8p	C-D 12p	C-D - 12p C-D-CL - 8p		C-D 9a
<b>Living Sober Group of AA</b> Mental Health America 1116 South Hull Street, 36104	C-D 6p		C-D 6p				
<b>Sole Purpose Group of AA</b> 22 North California Street, 36107	C-D 7:30p			C-L 7:30p			C-D 7:30p
<b>Strange Camels Group of AA</b> Immanuel Presbyterian Church 8790 Vaughn Road, 36117	C-L 7p	C-D 7p		C-D 7p			
<b>Tradition Three Group of AA</b> Bradford Health Services 386 St. Luke's Drive, 36117	O-D 11a	O-D 11a	O-D 11a	O-D 11a	O-D 11a		
<b>We Stopped in Time Group of AA</b> Unitarian Universalist Fellowship 2810 Atlanta Highway, 36109 (Enter at back off Dunn Drive)		O-D-YP 8p				O-D-YP 8p	
<b>CLANTON</b>							
<b>Clanton Group of A.A.</b> Trinity Episcopal Church 503 2 <sup>nd</sup> Ave. S, 35045	O-D 7p			O-L 12p		O-D 7p	
<b>GREENVILLE</b>							
<b>Camellia City Group of AA</b> Greenville Housing Authority 601 Beeland St, 36037 334-437-2015 or 334-662-7129	C-D 7p			C-D * 7p			
<b>HOPE HULL</b>							
<b>County Hope Group of AA</b> Hope Hull United Methodist Church 305 Wasden Road, 36043 (Silver trailer behind church)		O-D 6p					
<b>MAPLESVILLE</b>							
<b>Maplesville Group of AA</b> Highway 139, PO Box 231, 36750					O-D 8p O-S 3 <sup>rd</sup> Fri.		C-D 8p

<http://www.centralAA.org/recovery/AA-meeting-list/>

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

A.A. and Alcoholics Anonymous are registered trademarks of A.A. World Services, Inc.

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>MILLBROOK</b>							
<b>Primary Purpose Group of AA</b> Church of the Nazarene 3251 Browns Road, 36054 (In the Fellowship Hall)		O-D 6p		C-D 6p			
<b>PRATTVILLE</b>							
<b>Autauga S.O.S. Group of AA</b> St. Mark's Episcopal Church 178 East 4th Street, 36067	O-L 12p	C-D 12p		C-D 12p	C-D 12p	C-D-W 10a	
<b>Daily Reflections Group of AA</b> Prattmont Baptist Church 814 Smith Avenue, 36067		O-D 8p		C-D 8p	O-D-YP 8p	O-S 8p	
<b>Prattville Downtown Group of AA</b> 326 West 5th Street, 36067	O-S 6:30p	O-BG 6:30p	O-D - 12p C-D - 6:30p	C-D - 6:30a C-L - 6:30p	O-ST-S 6:30p	C-D - 12p O-D-CI - 6:30p	O-D - 12p C-ST - 6:30p
<b>SELMA</b>							
<b>5th Tradition Group of AA</b> West End Baptist Church 504 Cahaba Rd., 36701					C-D 6:00p		
<b>Selma Group of AA</b> Dallas County Courthouse 105 Lauderdale Street, 36701	O-D 12:30p	O-D 6p	O-D 12:30p	O-D 6p	O-D 12:30p		O-D 6p
<b>Braveheart Group of AA</b> St Paul's Episcopal Church 210 Lauderdale Street, 36701	C-D 6p		C-D 6p				
<b>TALLASSEE</b>							
<b>Ray of Hope Group of AA</b> Kent Community Center 2872 Kent Road, Kent, AL 36078	O-L 7p		C-D 7p		O-D 7p		C-D 3p
<b>12&amp;12 Group of AA</b> E. Tallassee United Methodist Church 101 Central Blvd, Tallassee 36078		O-ST * 7p					
<b>UNION SPRINGS</b>							
<b>An A.A. Group</b> Bradford Health Services 102 Conecuh Ave, West, 36089 (In Bullock County Hospital)	O-D 7p		O-D 7p				
<b>WETUMPKA</b>							
<b>Free World Group of AA</b> Elmore County Extension Office 340 Queen Anne Road, 36092 (Metal Outbuilding)							C-D 7:30p
<b>Wetumpka Group of AA</b> 103 West Tuskeena St., 36092	C-D * 7p						O-D 6p

Montgomery Intergroup provides this schedule of A.A. group meetings in this service area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval or endorsement of any group's approach to or practice of the traditional A.A. program.

LEGEND			
O = Open Meeting Anyone interested in the A.A. program may attend.		C = Closed Meeting Limited to those with a drinking problem and a desire to stop drinking	
D = Discussion Meeting	Sp = Speaker Meeting	L = Literature Study (BB, 12/12, etc.)	St = Step Study
Cl = Candlelight Meeting	W = Women's Meeting	LGBT = Lesbian, Gay, Bi, Transgendered	BG = Beginners Meeting
Sm = Smoking Permitted	YP = Young People & Young at Heart	* = Al-Anon Meets Simultaneously	** = Alateen Meets Simultaneously

Montgomery Intergroup Central Office  
828 Forest Avenue, Suite A, Montgomery, AL 36106  
Open Mondays from 10 am until 2 pm.

<http://www.centralalaa.org/recovery/AA-meeting-list/>

**CONCEPT IV**

**THROUGHOUT OUR CONFERENCE STRUCTURE, WE OUGHT TO MAINTAIN AT ALL RESPONSIBLE LEVELS A TRADITIONAL "RIGHT OF PARTICIPATION," TAKING CARE THAT EACH CLASSIFICATION OR GROUP OF OUR WORLD SERVANTS SHALL BE ALLOWED A VOTING REPRESENTATION IN REASONABLE PROPORTION TO THE RESPONSIBILITY THAT EACH MUST DISCHARGE.**

Concept IV at its base level grants each member of A.A. the same "Right of Participation,". We may find ourselves at our district or intergroup committee meetings in order to learn the ins and outs of the service structure. If so we will also learn that when there is a matter to be voted on it will be the voting members doing the voting. That doesn't keep us from attending and becoming informed. Though voting members of the General Service Conference are comprised of trustees, delegates, Grapevine, and staff members of A.A.W.S. any member of A.A. has the right to participate and be present at the conference. We are all equal and encouraged to attend.

The guiding spiritual principle behind Concept IV is unity and is firmly rooted in Tradition Two. Not a single A.A. has any "Ultimate Authority," over another. Something that peaked my interest and made A.A. attractive was the sense of ownership I was granted when I came to the rooms. I began to attend my home groups business meetings and learned that it was my responsibility to vote on matters that affected it. Though I didn't have a responsibility to vote on at my district yet, I was encouraged to

attend and see for myself if A.A. service work was to become a personal interest. That's where I gain understanding of what "Representation in reasonable proportion to the responsibility," means. It doesn't make me a second class A.A. if I don't hold a service position at the district level. I was strongly encouraged to attend and learn and ask questions. How else would A.A. continue to grow?

Concept IV clarifies that A.A. belongs to each member equally at all levels of responsibility and involvement. Unity being it's main focus guarantees that each member has a role, responsibility, and voice at every level of the service structure. When I first came to A.A. it was the members who came before me who taught me that A.A. was "ours" to tend to and pass on. It is the responsibility of each member to insure that A.A. continues to grow by getting involved and encouraging other members to do so.

Travis M., WSIT (We Stopped In Time)

<http://www.centralAA.org/service/twelve-concepts/>



**HELP WANTED ... GOOD HOURS ... GREATER BENEFITS**

**Montgomery Intergroup Central Office has an opening for a Monday volunteer.**

*One year sobriety and hotline experience preferred. Hours are 10 a.m. to 2 p.m. one (1) Monday per month.*

**Responsibilities include but are not limited to;** answering calls from members, potential members, family members and referral sources. Individual and group sales of AA literature, updating meeting lists and assisting with 24hr hotline list, etc.

**Benefits:** *Surrounded by great literature and happy customers, helping the newcomer, being of service.*

**If interested contact Jo Ann Sterling via text (334)202-5657**

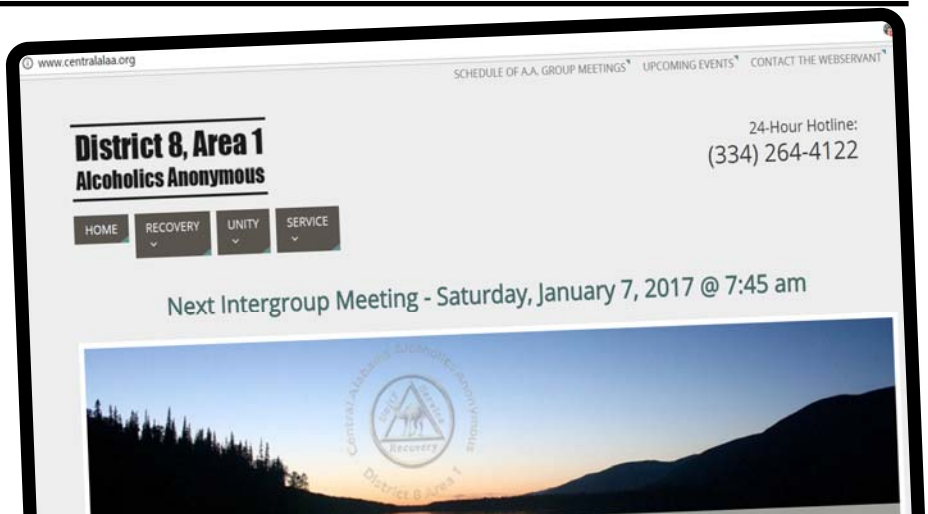
**NEWS - EVENTS - MEETINGS**

**DON'T FORGET OUR WEBSITE**

**WWW.CENTRALALAA.ORG**

<http://www.centralAA.org/>

**UNITY - SERVICE - RECOVERY**



8th Annual



# Sunshine Convention

"Three Pertinent Ideas"

Friday, May 18 to Sunday, May 20, 2018

Defuniak Springs Civic Center - 361 North 10th, Streert, Defuniak Spgs., FL. 32435

Featuring 7 Wonderful Speakers

- Friday:= 4:00 p.m. TEXT BOOK MEETING
- 6:00 p.m. LINDA W. Fort Walton Beach, FL.
- 8:00 p.m. CARL C. Morgantown, NC.
- Saturday:= 10:00 a.m. BRENDA C. Huntsville, AL.
- 1:00 p.m. SPEAKERS PANEL
- 3:00 p.m. JOAN P. (AFG) Fort Walton Beach, FL.
- 6:00 p.m. DAVE P. Jacksonville, FL.
- 8:00 p.m. POLLY P. Jacksonville, FL.
- Sunday:= 10:00 a.m. BARBARA K. Pensacola, FL.

**For more information contact:-  
Sunshinesuzieb@aol.com or (850-578-1321)**

Mail Registration with CHECK or MONEY ORDER TO:-

SUNSHINE CONVENTION, P.O. BOX 456, DEFUNIAK SPRINGS, FL. 32435

NAME \_\_\_\_\_ AA AL-ANON \_\_\_\_\_

NAME \_\_\_\_\_ AA AL-ANON \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Name on Badge \_\_\_\_\_ AA \_\_\_\_\_ AL-ANON \_\_\_\_\_

Pre-Registration until May 11, 2018 @ \$25.00

Registrations after and at the door @ \$30.00

Donation: \$ \_\_\_\_\_

(ALL MEALS PROVIDED)

Total Amount \$ \_\_\_\_\_

# Girlstock

INTERNATIONAL

*A Journey Through The Steps*

**Friday, June 1 to Sunday, June 3, 2018**

Hilton Atlanta Airport • 1031 Virginia Ave., Atlanta, GA 30354  
 Located 5 minutes from Hartsfield Jackson International Airport.  
 Free shuttle from and to airport.

Call 404-767-9000 for reservations.

Room block is under "Girlstock International"

Hotel rate is \$107.00\*

\*Rate is also good for one day before and one day after event.

\*Reserve your room by May 17, 2018 for this rate.

Complimentary self-parking. Pets allowed with additional deposit. Coffee in every room.

*Featuring 8 Wonderful Speakers*

Sonia L., Nashville, TN - Entertainment

Amanda B., Montgomery, AL, The Voice

- |          |                                                          |
|----------|----------------------------------------------------------|
| Friday   | 7:00 p.m. Astrid H., Grenada Hills, CA ~ "Step 1"        |
|          | 9:00 p.m. Mildred F., Toronto, Canada ~ "Steps 2 & 3"    |
| Saturday | 9:00 a.m. Jennifer K., Plano, TX ~ "Steps 4 & 5"         |
|          | 10:30 a.m. Magdalena E., Seattle, WA (AFG) ~ "Her Story" |
|          | 2:00 p.m. Candice M., Los Angeles, CA ~ "Steps 6 & 7"    |
|          | 4:00 p.m. Georgia B., La Crescenta, CA ~ "Steps 8 & 9"   |
|          | 8:00 p.m. Speaker Panel                                  |
| Sunday   | 9:00 a.m. Marion W. Hollywood, FL ~ "Steps 10 & 11"      |
|          | 10:30 a.m. Tina A., Torrance, CA ~ "Step 12"             |

For additional information call:

- Polly P., 714-290-3210 (Florida) • Amanda B., 334-300-2501 (Alabama)  
 Suzanne S., 678-231-6510 (Georgia) • Beverly G., 812-313-7092 (Virginia)  
 Nita C., 901-210-1562 (Tennessee) • Hannah Y., 407-687-7818 (Texas)

Event Registration \$30 Before April 30th. After April 30th and at the Door is \$35.

Make Check or Money Order payable to "Special Events" and mail to:

c/o Polly Pistole (pollypistole@gmail.com), 8550 Touchton Rd. #1328, Jacksonville, FL 32216

To register online by PayPal or credit card, please visit our website at [www.girlstockconference.org](http://www.girlstockconference.org)

**Girlstock International - A Journey Through The Steps 2018**

Name _____	Name _____
Address _____	Address _____
City _____	City _____
State _____ Zip _____	State _____ Zip _____
Phone _____	Phone _____
Email _____	Email _____
Name on Badge _____	Name on Badge _____

Sponsorship Contribution \$ \_\_\_\_\_ Lend a hand to those unable to pay the registration fee.

This flyer may be copied for distribution or downloaded from [www.leestapesandeds.com](http://www.leestapesandeds.com) • No Vendors Allowed

*Be Filled with  
 Love & Joy*

**Al-Anon  
 Participation**



**The Fultondale Jaywalkers group of Alcoholics Anonymous**  
 Invites you to celebrate  
 Their 6th anniversary,  
 A Pot Luck Dinner.

**Wednesday - May 16, 2018**

Friendship Square Dance Hall  
 1024 Old Walkers Chapel Rd.  
 Fultondale Al. 35068

6:00 Eat Pot Luck Dinner  
 7:00 AA Speaker Hillary C. Hayden, Al.

Bring your favorite dish, dessert, drinks, or ice  
 and help us celebrate 6 years of Recovery.

**Sobriety Countdown.  
 Fellowship, and the best  
 southern cooking anywhere!**



**50/50 Raffle**

July 5<sup>th</sup> - 8<sup>th</sup> 2018

The Beautiful  
 Music City Sheraton Hotel

Please stay at Hotel  
 To help with our room block  
 Hotel Phone Number  
 888-627-7060

You can also book your room  
 online at our website

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

You must book your room  
 with the hotel separately;  
 registering for the Roundup  
 does not guarantee a room at  
 hotel.

You must register to enter  
 the ballroom no  
 exceptions.

## 37<sup>th</sup> Music City Roundup

**Don't Miss This  
 Three series Workshop  
 with**

Don L. Bellingham, WA  
 Carla R. Tujunga, CA

### AA Speakers

Brian P. Dallas, TX  
 Tammi P. Los Angeles, CA  
 Danny B. Spring, TX  
 Mike S. Riverside, CA  
 Misoon W. Sarasota, FL

### Al-Anon Speakers

Bud S. Dearing, NH  
 Jenny P. AR

Visit our Website for more info [www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person you must send payment with form to be registered

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

St. Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on Badge(s): \_\_\_\_\_

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/26/2018 or no guarantee

# HAPPY & FREE

**SERENITY AT HIGHWAY 11  
 7TH ANNIVERSARY SPEAKER MEETING  
 MAY 19, 2018**

2pm Fellowship  
 3pm Spaghetti Dinner  
 50/50 Raffle  
 5pm Speaker Cushing P. from Montgomery

Spaghetti, sauces, and garlic bread  
 will be provided.

Please bring salads, fixings, dressings,  
 & desserts!

50/50 Raffle and Door Prizes!



*We are going to know a new freedom and a new happiness*

**Lakeview FUM Church 5151 Highway 11 Pelham 35124  
 (next door to the Highway 11 clubhouse)**



# WESTSIDE SOBRIETY

ALCOHOL ANONYMOUS MEETING



**2018 Spring Fling**  
**May 19, 2018 11am to 4pm**

Benjamin Barnes Branch YMCA  
2939 18th Street Tuscaloosa, AL 35401



FUN

FELLOWSHIP



MUSIC



Speakers TBA

CARD GAMES



RAFFLES

FOOD

## Bessemer's 69<sup>th</sup> Anniversary

May 19<sup>th</sup> 6pm  
right here at the clubhouse

Dinner at 6pm

Speaker at 7pm

Bring your family and friends

Members sign up to bring food  
Food list is on Alanon door

## Coosa Valley AA 42<sup>nd</sup> Anniversary



Please come help us celebrate 42  
years of carrying the message on:

**Saturday, May 5, 2018**

11:00-Fellowship

12:00-Lunch (Meats &  
beverages will be provided.  
Side dishes & desserts are  
welcomed.)

1:00-Speaker Meeting with:  
**Mike A. of  
Nashville, TN  
"Chainsaw Mike"**

Where: **Rainbow City  
Community Center  
3702 Rainbow Dr.  
Rainbow City, AL 35906**

Time: **11 AM - 3 PM**

Please call for more information:

Lori D (256) 504-5180

Cheryl P (256) 490-5527

\*Raffle and 50/50 immediately  
following the speaker meeting.