

EDITOR'S CORNER

I don't know about y'all, but I am ready for some SEC football, cool weather, and fall get-togethers! It has been a restful summer for me, but I am ready to get back into action.

Speaking of action, Steps 6 and 7 are all about action. (Pick up a copy of Drop the Rock if you don't believe me!) I'm sure you will enjoy reading about our

writers' personal experience with steps 6 and 7 and the 6th and 7th traditions. In this copy of the POST, we have two steps and two traditions instead of the Concepts and history. Those WILL appear in our next edition, though! Enjoy the rest of your summer:)

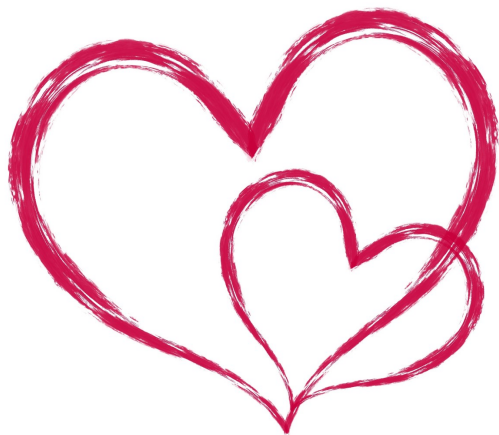
Gratefully yours,
Allison K.

HOME
GROWN

INSIDE THIS ISSUE

Editor's Corner.....	Page 1
Mark Your Calendar	Page 2
Service Alert	Page 2
Area Meeting Schedule.....	Page 3
Step of the Month	Page 5/6
Traditions	Page 6/7
Español Spoken Here	Page 7
District Minutes	Page 8/9
Intergroup Minutes	Page 10

Suggestions on topics you want explored? Contact us at Post.Editor@centralalaa.org



Fellowship Women's Group

A closed AA meeting for women
in recovery from alcoholism.

You are lovingly invited to attend a meeting with women who have solid sobriety and who will welcome you to share your experience, strength and hope.

Sundays at 6:00 pm in the Fellowship Hall
Grace Church,
5 Bell Road
Bell Rd and Atlanta Highway.

**WOULD YOU LIKE TO VOLUNTEER OR
CONTRIBUTE TO THE POST?
TO GET INVOLVED, CONTACT US AT**
Post.Editor@centralalaa.org

THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

CONTACT US

Montgomery Area
Intergroup Central Office
Office Hours:
Monday 10 A.M. - 2 P.M.
828 Forest Avenue
Montgomery, AL 36106
24/7 Answering Service
(334) 264-4122

E-MAIL ADDRESS

Intergroup@centralalaa.org
**Contributions for print subscriptions
are encouraged.**
For email subscriptions contact:
Post.Subscription@centralalaa.org



MARK YOUR CALENDAR

**Intergroup Monthly Meeting
Saturday, September 10, 2022**

8:00 a.m. @ Legacies Group (via Zoom)
3412 Atlanta Hwy, Montgomery, AL 36109

**District 8 Service Meeting
Saturday, September 10, 2022**

9:30 a.m. @ Legacies (via Zoom)

**FOR THE MOST UP TO MEETING SCHEDULE,
PLEASE VISIT
www.centralalaa.org/meetings**

* SUBJECT TO CHANGE. Please check website.

**MORE EVENTS & INFO:
WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/**



SERVICE ALERT

Post Positions Open - 12 month commitment:
All Post Positions are up for renewal at end of year. Voting will be in October. If interested be sure to contact Post.Editor@centralalaa.org

All Intergroup positions are up for renewal at end of year. Voting is to be in October. If interested, please contact your Intergroup Chair or come to IG meeting.

Please contact
Intergroup@centralalaa.org if willing and able to serve!

The Post

POWER OF SOBER THOUGHT

THE POST COMMITTEE

Editor/Coordinator–Allison K.
Copy Editor–Jill Z.
Composer–James A.
Distribution– Lisa H.

DEPARTMENTS

History–Keith U.
Español Spoken Here–Oni S.
The Steps–Michael D.
The Traditions–Lea N.
The Concepts – Cushing
Birthdays–Vicki B.
Events Recap– Service Opportunity
Literature–Service Opportunity
Mark Your Calendar– Service Opportunity

**WE WELCOME YOUR ASSISTANCE!
SUGGESTIONS ON TOPICS YOU WANT
EXPLORED?
TO GET INVOLVED, CONTACT US AT
POST.EDITOR@CENTRALALAA.ORG**

WWW.CENTRALALAA.ORG

YOUR DISTRICT 8 ONLINE

WWW.AAAREA1.ORG

YOUR AREA 1 ONLINE

WWW.CENTRALALAA.ORG/UNITY/

INTERGROUP/LITERATURE/

LITERATURE AT CENTRAL OFFICE

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 180; LaVina.

MONTGOMERY INTERGROUP DIRECTORY OF A.A.[®] GROUP MEETINGS

Meeting Schedule: July 1, 2022

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONTGOMERY							
A Vision for You Group of AA R.O.S.S. Recovery Center 925 Forest Ave Montgomery, AL 36106			O-D 7:30 p				
Chapter 9 Group of AA CAP Auditorium 1153 Air Base Boulevard						O-D 1:30 p Temporary Inactive	O-D 1:30 p Temporary Inactive
Chisholm Group of AA I-409 Federal Dr. Montgomery, AL 36107 in back of strip mall	C-D-SM 12p C-ST-SM 6p	C-D-SM 12p C-D-SM 6p	C-D-SM 12p C-L-SM 6p	C-D-SM 12p C-D-SM 6p	C-D-SM 12p C-D-SM 6p	C-D-SM 6p	O-SP 6p
Fellowship Group of AA Grace Church at Bell Road 5 Bell Road (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6 p	C-D & BG * 6 p		C-D & BG * 6 p	C-L & BG * 6 p	O-SP 6p	C-D* 2p C-D-W 6p
Happy Hour Group of AA 3466 Eastdale Circle (Next to Fortis College)	C-D 6:30 am 12p & 6p	C-D 6:30 am & 12p C-L (12x12) 6p	C-D 6:30 am C-L/BB 12p C-D 6p	C-D 6:30 am & 12p O-D/BG 6p	C-D 6:30 am 12p & 6p O-SP 7p 1st Friday	C-D 12p	C-D 12p O-D/BG 6p
The Legacies Group of AA 3412 Atlanta Highway (Enter on Forrest Hills) Zoom ID 798-727-9234 PC Awakening	C-D 12P C-D 6 pm Zoom	C-L BB 12p	C-D 12p O-SP 8p Hybrid (in person and on-line)	C-L (12X12) 12p	C-D 12p C-D-CI 8p C-D-CI 8p Zoom	C-D 12p	C-D 9am C-D 9am Zoom
Grupo Ayudate a Ti Mismo 3412 Atlanta Highway (Enter on Forrest Hills)	O-D 7:30-9p HISP	O-D 7:30-9p HISP				O-D 7:30-9:30p HISP	O-D 11a-1p HISP
Living Sober Group of AA Church of the Ascension 315 Clanton Ave. 36104 meeting in the Joshua house	C-D 6p		C-L 6p				
Sole Purpose Group of AA 22 North California Street		C-D 7:30p		C-L BB 7:30p			
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaughn Road	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA First Christian Church 1705 Taylor Montgomery, AL 36117	O-D 11a		O-D 11a		O-D 11a		
We Stopped in Time Group of AA Unitarian Universalist Fellowship 2810 Atlanta Highway Rear entrance on Dunn Street		O-S/D 8pm YP Temporary Inactive				O-SP/D 8pm YP	
CLANTON							
Clanton Group of AA Church of Christ 111 Lay Dam Rd. Clanton, AL 35045	O-D 7p			O-L 12p		O-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beelant St, 30637 334-437-2015	C-D 7p			C-D 7p			

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® GROUP MEETINGS

Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road (Silver trailer behind Church)		O-D 6p		O-BB 6p			
MILLBROOK							
Primary Purpose Group of AA Church of the Nazarene Fellowship Hall 3251 Brown Road		O-D 6p		O-D 6p		O-SP 6p	
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 E 4th Street	O-L/BB 12p	C-D 12p		C-D 12p	O-L(12x12) 12p	C-D-W 9a	
Prattville Downtown Group of AA 326 West 5th Street	O-SP 6:30p	O-BG 6:30p	O-D 12p C-D 6:30p	C-L 6:30p	O-SP 6:30p	C-D 12p O-D-CI 6:30p	O-D 12p C-L /12x12 6:30p
SELMA							
Selma Group of AA Courthouse, Alabama Ave & Lauderdale St	O-D 12:30p	O-D 6p	O-D 12:30p	O-D 6p	O-D 12:30p		O-D 6p
THORSBY							
Thorsby Group of AA Thorsby Annex 12 Minnesota Ave, Thorsby			O-D 7:30p				O-D 8a
WETUMPKA							
Wetumpka Group of AA 103 Tuskeena St	C-D * 7p			C-D 7:30 p			

Legend

O = Open Meeting (for anyone interested in the AA Program)
C = Closed Meeting (attendance limited to those with a desire to stop drinking)

D = Discussion	HISP = Spanish Speaking	Literature Study (BB, 12/12 or Other)
SP = Speaker	YP = Young People & Young at Heart	LGBT = Lesbian, Gay, Bi Transgender
SM = Smoking	ST = Step Study	* Al-Anon meets Simultaneously
CI = Candlelight Meeting	BG = Beginners	** Alateen meets Simultaneously
W = Women	L = Literature	

Montgomery Intergroup provides this schedule of A.A. group meetings in this area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval of endorsement of any group's approach to or practice of the traditional AA program.

**Montgomery Intergroup 334-264-4122 * montgomeryintergroup@yahoo.com * www.centralalaa.org
 828 Forest Avenue, Suite A * Montgomery, AL 36106 * Open Mondays 10 am to 2 pm**

STEP SIX WERE ENTIRELY READY TO HAVE GOD REMOVE ALL THESE DEFECTS OF CHARACTER.

"We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing."

That's all the Big Book has to say about step six. I know some people think applying principles to each of the steps is an oversimplification, but I don't think it's a stretch to say that this step is about willingness. One of the things I heard in the rooms when I first came in that helped me out a lot was the acronym H.O.W. Which stands for honesty, open mindedness, and willingness. That really is how it works. I need to be totally honest about my powerlessness and unmanageability, I need to be open minded about there being a higher power that is able to restore me to sanity, and I need to be willing to surrender to that higher power. In steps five and six, I need to be honest with myself, my higher power, and another person about my faults and character defects, and I need to be willing to allow God to remove them. That's going to mean doing things differently.

When I looked at any of the steps past step one when I first came in, they just didn't make sense to me. I thought I understood some of them, but I really didn't because I was still looking at them from a selfish perspective. I wanted to see what I could get out of the program, but as long as I'm looking at the 12 steps from that perspective, I'm not looking at it from the perspective that this program is supposed to lead me to.

Sometimes I'll hear people say, "this is a selfish program," but when I look in the Big Book I don't see that

anywhere, in fact I read the exact opposite:

"Selfishness—self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made decisions based on self which later placed us in a position to be hurt.

So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn't think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it kills us! God makes that possible." (Alcoholics Anonymous pg. 62)

That is from the chapter "How It Works" and it's discussing the third step. We know that the third step is closely related to steps six and seven. In step three I surrender myself to God as I understand him, but I haven't done any investigation of myself. Step six immediately follows step five because I need to get ready to turn over all my character defects to God. It's about being willing to surrender all of my character defects to God, especially my biggest one, which the Big Book calls "selfishness."

Isn't it just like our alcoholic thinking to justify our selfishness though? It's like I have this one last refuge for my selfishness, which I think is my sobriety, and I say, "surely it's okay to be selfish here!" That's not what the Big Book says. It says if I'm practicing selfishness, even in my program, I'm going to be dead. So how do I get rid of this selfishness? I can't on my own, I need God's help. And that's what these steps guide us toward, a selfless attitude, which is the only way to peace.

HOME
GROWN

Michael D.

STEP SEVEN HUMBLY ASKED HIM TO REMOVE OUR SHORTCOMINGS.

Step seven is a prayer. This is an example of how the steps are in order. When I first got sober I wanted to skip to step nine and start making amends. What I was really trying to do was get my life back, but thankfully that wasn't God's plan. In order to surrender my life over to my Higher Power I first have to have a Higher Power, which I get some understanding of in steps two and three, and I have to have some understanding of myself, which I get in steps four, five and six. In order to surrender to this process I need to have a good reason, and I get that from step one.

Just like willingness is a principle of step six, humility is a principle of step seven, but how can someone like me, with such an oversized ego, get it?

Before we get into how we get humility, let's look at why we need it. We need humility because without it we live self-centered lives that are fueled by fear. If I put myself in control of everything in my life, then that also makes me responsible for everything in my life, including what people think of me, how I feel about myself, how much money I have, what talents I have, and a bunch of other things

that are outside of my control. When I put that much pressure on myself, I feel awful and I want relief. Alcohol did that for me for a long time, then it stopped working. So I need something else to free me from the bondage of self, and that something is actually someone – my Higher Power. Bill W. defined humility as "a desire to seek and do God's will" (12 Steps and 12 Traditions pg. 72).

Seeking God's will means that I am no longer in charge of myself. I don't have to worry about all the stuff that is out of my control, as we constantly remind ourselves with the serenity prayer, "God, grant me the serenity to accept the things I cannot change..." and in the long form of the prayer, "Thy will, not mine, be done."

Humility

Harry Tiebout, a psychologist that was close friends with Bill Wilson and helped get AA accepted in the psychological field, had this to say about the spiritual experience of the 12 steps: "we can say that a conversion occurs when the individual hits bottom, surrenders, and thereby has his ego reduced. His salvation lies in keeping that ego reduced, in staying humble. These insights, gained from a long study of Alcoholics Anonymous and the process it initiates, appear to give meaning and order to the change that AA induces. Conversion is no longer an event 'out

Continued on page 6

of the blue' but a logical outgrowth of human responses: hitting bottom and surrender."

Dr. Tiebout goes on to explain that ego reduction is really the death of the ego and that this is only possible with the help of a Higher Power. As soon as an individual thinks they are capable of defeating their ego by themselves, they have just reasserted their ego and they are back in control. This may or may not lead directly to another drink, but he also used the term "dry drunk" to refer to the alcoholic that is running their life on self-will.

Step seven is essential to maintain humility and recovery. In step three we turned our will and lives over to the care of God, but hadn't done any inventory or self-evaluation. Now having done some serious introspection with the help of another alcoholic in recovery, we can continue the decision to turn our lives over to the care of God, because now we have a better understanding of what we are doing. This is why there is no "Amen" at the end of the third step prayer. It doesn't appear until the end of the step seven prayer because it is all one prayer. In order

to fully surrender we must have an understanding of my character defects and also be willing to be of service to others.

Both the third and seventh step prayers mention being of service to others and this is an essential element in recovery. In order to give up my selfishness I must serve others. As we say in my home group at every meeting when we pass the basket, "service is one of the three legacies of AA and helps to keep us sober." The reason service is so important is because it takes me out of myself.

I have found that when I ask God to help me be of service, he always answers that prayer. Sometimes I add, "and make it really obvious, because I'm usually too busy thinking about myself." Then when an opportunity to be of service arises, I have a sense that I am doing God's will, which is always the best thing for me and everyone around me.

Michael D.

HOME
GROWN

TRADITION SIX
"AA OUGHT NEVER ENDORSE, FINANCE, OR LEND THE AA NAME TO ANY RELATED FACILITY OR OUTSIDE ENTERPRISE, LEST PROBLEMS OF MONEY, PROPERTY, AND PRESTIGE DIVERT US FROM OUR PRIMARY PURPOSE."

Our traditions translate simply enough on the first read, but for this over-thinking alcoholic, the more I ruminate, the more I begin to question its full implications and the extent of my understanding. It's like when you repeat a word enough that it begins to change and lose its meaning. Chimney, chimney, chimney. Chim chiminey, chim chiminey, chim chim cher-ee. Oops, how'd a Mary Poppins reference get in here?

Thankfully, the Twelve and Twelve goes into more detail. The chapter on Tradition 6 features descriptions of various AA altruistic ambitions. The tale features a liquor manufacturer attempting to promote safety and proper enjoyment of their product, for the public's sake, of course. They thought featuring a "good public relations man in our ranks," would be ideal. Capital idea! The intentions were well enough, but using the good name of AA, personified in one alcoholic, in a liquor commercial?

This time, rumination led to a more valuable perspective. This idea of me or any of us being in an ad for Jack Daniels... sounded as sensible as a late 1800s print ad featuring John Wilkes Booth in a PSA brought to you by the good folks over at Henry Deringer.

In AA our primary purpose is to help the alcoholic who still suffers. Although endorsements and the like may have good intentions, I think the last thing we need is more distractions, division in our ranks or more money than we know what to do with. In fact, the principle of the Sixth Tradition is Solidarity. Solidarity--singleness of purpose, unity, harmony. When this is all considered alongside the other traditions, it becomes increasingly clear why this tradition holds true merit. We're better served using attraction rather than promotion and focusing on our primary purpose. None of us needed to see the hand of AA in a Johnny Walker ad or on an inspirational poster in detox. "We of AA could not be all things to all men, nor should we try." I simply need to suit up and show up, making myself available to my group, the newcomer, and the God of my understanding.

Lea B.

HOME
GROWN

Have a burning desire to share your experience, strength and hope? Send your article to post.editor@centralalaa.org.

**TRADITION SEVEN
"EVERY AA GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS."**

This tradition may not seem very controversial in 2022, but there are a few stories in the Twelve and Twelve that helped me to appreciate the weight of our practical dilemma in the early days that lead us to Tradition 7.

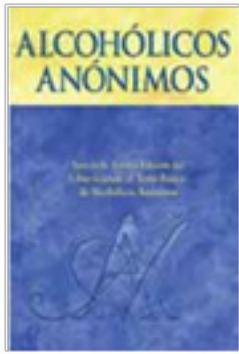
Picture it, New York, 1948. It's evening and the trustees are gathering for their quarterly meeting. They go through the agenda and eventually come to discuss whether or not they should accept an outside contribution. A woman who had recently died declared ten thousand dollars to be donated to Alcoholics Anonymous in her will, (more than \$100,000, today). AA had been having to dip into the reserve for some time now and they're not getting enough support from the groups. They "need" that money.

Now, this is a conundrum, indeed. The group had to play the tape all the way through. "If outside contributions weren't declined, absolutely cut off, then the Foundation

would one day become...immensely rich, but like the alcoholics first drink it would, if taken, inevitably set up a disastrous chain reaction. Where would that land us? Whoever pays the piper is apt to call the tune."

And that was enough for me. I get it, I really do. Pondering this tradition's implication on my personal recovery, I can see how the years of parading as a booze hound, practically driving the getaway car from responsibility, makes the idea of being self-supporting all the sweeter. If we want esteem we must perform esteemable acts, and that includes things like making short-term sacrifices for long-term benefit, and all that healthy crap normal people have been drilling into us for years. I'm learning these things in AA. God uses you people and the steps "to turn the irresponsible, responsible." I've never thought about the traditions more than I have now, and I'm grateful, it's good stuff.

Lea B.



¿QUÉ ES A.A.?

Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, automantenida, multiracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para solucionar su problema con la bebida.

Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres a recuperarse del alcoholismo.

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

Copyright © 2015 Alcoholics Anonymous World Services, Inc.

Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

Abierto los Lunes de
10:00 - 2:00pm.
828 Forest Avenue, Suite A
Montgomery, AL 36106
Tel: (334) 264-4122
Intergroup@centralalaa.org
<https://www.aa.org>

>> para mas informacion y recursos en Espanol

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca de la recuperación en las reuniones de Alcohólicos Anónimos por favor póngase en contacto conmigo Oni S., a través de Post.Editor@centralalaa.org.



DISTRICT 8 MINUTES | June 25, 2022

* Pending approval by District 8 on August 6, 2022

GROUPS PRESENT | Fellowship, Legacies, Strange Camels, Millbrook Primary Purpose, Living Sober, Autauga SOS, Wetumpka and Thorsby Group.

OPENING | WELCOME | Sherry R. |

Meeting called to order at 9:30 a.m. and opened with the Serenity Prayer. Introductions were done. 4 people in person at Legacies, 16 signed in via zoom.

READING OF THE TRADITION(S) & EXPLANATION OF THE CONCEPT(S)

Dave H. | read the long form of Tradition 7

David H. | discussed Concept 7

READINGS SCHEDULED for August 6

Alex T. | will read the long form of Tradition 8

Walter C. | will read and explain Concept 8

OFFICER REPORTS:

SECRETARY'S REPORT | OPEN | SECRETARY@CENTRALALAA.ORG | June 2022 Minutes were approved by District.

TREASURER'S REPORT | Blakey V. | TREASURER@CENTRALALAA.ORG | Blakey present; June 2022 report (partial) was approved by district.

QUARTERLY FINANCE Report | OPEN | Open Position.

DCM | Sherry R. | DCM@CENTRALALAA.ORG | Sherry present; read from the service manual about the functions of District and its members and reminded everyone that elections will be in October. Sherry suggested that District have an inventory in the coming months.

ALTERNATE DCM | Becky P. | ADCM@CENTRALALAA.ORG | Becky present. No report.

COMMITTEE REPORTS:

PROGRAM CHAIR | Oni R. | PROGRAM@CENTRALALAA.ORG | Oni not present. Per DCM, Oni reported that a program is being planned for August to discuss concept 9 and group/district elections.

ARCHIVES CHAIR | OPEN | ARCHIVES@CENTRALALAA.ORG | Open Position.

CORRECTIONS CHAIR | Danielle H. | CORRECTIONS@CENTRALALAA.ORG | Danielle present. The next committee meeting is Saturday, July 16 at 10:30 am at Legacies Group (hybrid). Please attend the meeting or contact Danielle if you are taking a meeting to a corrections facility.

CPC CHAIR | OPEN | CPC@CENTRALALAA.ORG | Open Position.

GRAPEVINE CHAIR | Zyna C. | GRAPEVINE@CENTRALALAA.ORG | Zyna present. No report.

INTERGROUP/CENTRAL OFFICE | John I. | INTERGROUP@CENTRALALAA.ORG | John present. Reported that big books are arriving to re-stock Central Office. Intergroup elections will be in October. Next Intergroup meeting is August 6, 2022 at 8 am via Zoom. The next board meeting is Saturday, July 16 at 9:30 am at Legacies.

LITERATURE CHAIR | OPEN | LITERATURE@CENTRALALAA.ORG | Open Position.

PI COMMITTEE CHAIR | Debra G. | PI@CENTRALALAA.ORG | Debra not present. No report.

TREATMENT CHAIR | Dave H. | TREATMENT@CENTRALALAA.ORG | Dave present. The next committee meeting is Saturday, July 16 at 10:30 am at Legacies Group (hybrid). Please attend the meeting or contact Dave if you are taking a meeting to a treatment facility.

WEBSITE CHAIR | Ismenie N. | WEBCHAIR@CENTRALALAA.ORG | Ismenie present. The Tech Workshop scheduled for June has been postponed to July. The next meeting is Sunday, July 24 at 4 pm via zoom. See links in Upcoming Events on district website. Email Ismenie with any upcoming events.

OTC CHAIR | OPEN | OTP@CENTRALALAA.ORG | Open Position.

GSR SHARING & ANNOUNCEMENTS: Tim from the Wetumpka Group announced the group added a new, open meeting on Thursdays at 7:30. The Free World Group of Wetumpka has permanently closed so the Wetumpka Group is the only group in Wetumpka. Walter from Millbrook Primary Purpose announced that the group is still having regular Saturday night speaker meetings at 6.

OLD BUSINESS: District Secretary, Archives, CPC and Literature open positions.

NEW BUSINESS: Sherry announced that John W. from Fellowship Group is willing and able to stand and serve as Secretary for District; the nomination was unanimously approved.

Alex T from Strange Camels made a motion to have a district inventory; motion passed.

OPEN SHARING: Happy Hour is having their Sweet Sixteen celebration on June 25 at the Forest Hills Shopping Center at 3428 Atlanta Highway. Dennis R. is the speaker and the event starts at 4 pm.

CLOSING | Sherry R. | There being no further business, meeting was adjourned at 10:25 am with the Responsibility Declaration.

NEXT DISTRICT 8 MEETING: |Saturday, August 6, 2022 @ 9:30 am *Hybrid* at Legacies Group and Virtual (via zoom).

NEXT AREA ASSEMBLY: |Friday-Sunday, July 8-10, 2022.

24-HOUR HOTLINE: (334) 264-4122

MONTGOMERY INTERGROUP

CENTRAL OFFICE AT:

828 FOREST AVENUE, SUITE A MONTGOMERY, AL 36106

TEL: (334) 264-4122 Intergroup@centralalaa.org

DISTRICT 8

DISTRICT 8 TREASURE P.O. BOX 6094 MONTGOMERY, AL 36106

ALABAMA / NW FLORIDA AREA 1

ALABAMA/NW FLORIDA AREA ASSEMBLY ATTN: AREA 1 TREASURER, 2135 INTERSTATE DR. BOX 209, OPELIKA, AL 36801

AAarea1.org

WRITE YOUR ARTICLE FOR THE POST!

CONTACT THE EDITOR TO SUBMIT MATERIAL, MAKE SUGGESTIONS, AND JOIN THE EFFORT TO CARRY THE MESSAGE THROUGH THE POWER OF SOBER THOUGHT. SUBMIT YOUR QUESTIONS AND ARTICLES TO:

Post.Editor@centralalaa.org

Have a burning desire to share your experience, strength and hope? Send your article to post.editor@centralalaa.org.

Intergroup Minutes

Pending Approval by Intergroup on August 8, 2022

June 25, 2022

Groups represented:

Strange Camels, Legacies, Primary Purpose, PDG, Wetumpka

8:02 am Opened with Serenity Prayer

Introductions:

Traditions: Tradition 7 (long form) was read by Tim P

Central Office Manager: John I. Big Books – large print is in; hard back is on the way. Spanish chips requested. John will get the information to Oni.

Secretary Report: Carroll I- Accepted

Treasurer Report: Cushing P – (Not present)

Board Report: Jo Ann S – The next meeting will be on Saturday, 7/16/22, 9:30 am at Legacies in person.

The P.O.S.T.: Allison K. - (Not present) All writing positions are full. Layout person is still needed.

24 hour Hotline: Vicki S. (Not Present) If you are willing to serve contact Vicky 334-324-7770

Website Report: *Position open.* Web Committee Meeting via Zoom, Sun, July 24th @ 4:00 pm – 5:00 pm. All are welcome. No experience necessary. (Meets on the 4th Sunday of the month) Further information is on the website.

12th Step List Committee: *Position open.* Scotty G, One group in both Wetumpka and Selma are closed. All meetings in Tallassee are closed. The website will be adjusted.

Anniversary Committee: *Position open*

Old Business:

New Business: None

Group Announcements:

Primary Purpose – 6/25 speaker Becky P, Celebrate birthdays on the last day of the month. There will be cake.

For The Good of Groups

Volunteers are needed to fill positions on the Board and Intergroup. The next election for both the Board (5), and the Intergroup (all positions) votes at the October meeting.

Central Office Manager
Secretary
P.O.S.T. Editor
24 hour Hotline
Website Rep
12th Step List
Anniversary Committee

Next Area Assembly

Date Friday-Sunday, July 8-10, 2022.
Clarion Hotel and Suites,
1577 S. College St, Auburn, AL 36832.

The next Intergroup meeting will be 8/6/22. At 8 am on Zoom

Responsibility Declaration

The meeting closed at 8:30 am

Montgomery Area
Intergroup Central Office
828 Forest Avenue
Montgomery, AL 36106