

THE POST

The Power of Sober Thought - Montgomery Intergroup's AA Newsletter



OUR HISTORY

The River Region, including Montgomery, Alabama, has a long and meaningful history within the AA community. Our first AA group started in the 1940s, creating a space for people like us to come together for recovery and support. Since then, the AA fellowship here has grown, with meetings happening regularly across the region. For decades, these groups have been a lifeline for so many of us, offering a place where we can share our stories, find strength, and heal together. Through service, sponsorship, and fellowship, we continue to carry the message of hope to anyone seeking a way out of addiction, knowing that together, we can recover.

Like the POST?

Have some
experience, strength
and hope?
Have a creative edge?
Consider contributing
to the POST!!!

Go Visit the Central Office

Open Mondays
and Wednesdays
10:00am - 2:00pm

Looking to be of Service?

Join us!

More information
on active service
committees below!

EDITORS NOTES

Dear Readers,

As we move toward election season, I've been thinking a lot about rotation. In AA, we talk about the beauty of rotating leadership, how no one person holds a position forever, how service belongs to the group and not the individual. It's one of the most powerful parts of our fellowship: this quiet, humble passing of responsibility so the next person can grow, and the group can stay healthy.

Lately, been praying that God balances my life. Because I've learned, the hard way of course, that when I try to manage anything on my own, I make a mess out of it. Every time. My best ideas, my strongest plans, my tightest grip... none of it has ever brought me the kind of balance God gives.

AA teaches us that willingness is the doorway. Not skill. Not strength. Not perfection. Just willingness. A little crack in the wall we built around ourselves. And availability, showing up, even with our doubts, even with our fear, even with our imperfect selves, is where God meets us.

As elections approach, I think it's a good time for all of us to look inward, the same way we do around the tables. Not at what the world is doing, but at whether we are willing and available for the part we play.

May we move into this next season with open hands, open hearts, and the humility to let God balance what we never could.

With love and gratitude,

Natalie M.

Editor, The POST

Experience, Strength, and Hope

How Do I Know If I Need Alcoholics Anonymous?

Written by Jim F

The answer to this question is really not too difficult. If you are are an alcoholic, then the fellowship of A.A. is a great place to start. But how do I know if I'm really an alcoholic?

Well, here is both the good, and bad, news. Only you can decide if you are an alcoholic. Friends, family, employers, colleagues, and others, may believe, and even tell you, you are an alcoholic, but until you decide for yourself that you may have a drinking problem, it is doubtful that A.A., or any other organization, can help you.

When I first attended A.A., I was NOT convinced I was an alcoholic. Sure, I knew that I drank a lot, and that my drinking sometimes got me in trouble, with my wife, and with my employer. But I still maintained that I could control my drinking, and could even stop completely if I really needed to. I had no DUIs, no wrecks, no repossessions, no bankruptcies, and I had never been in jail, save 4 hours in the city drunk tank near the end of my drinking for public intoxication. I had no health issues and, when I wasn't too inebriated, I was really good at my job. I did have two red flags that I chose to ignore for many years: I had numerous failed relationships, which included my marriage, and a host of short-term flings and affairs; in addition, I was never able to hold a job for more than two years. While I never got fired for drinking, I often sought new employment when I sensed that I was not in good standing with my employer. And, though I never got a DUI, I was stopped by city, county, and state law enforcement at lease a dozen times, all of which could have easily gone the other way.

I worked as a technician for the city government with a long-time friend as my supervisor. After about a year and a half, I was on standby to respond to police department calls about malfunctioning traffic signals. Late one night I was passed out when I received one such call and did not respond. The next day, I was told that a drinking problem was suspected, and that I should consider seeking professional help. I told my department head drinking was not a problem for me and that I would quit drinking if he thought it was necessary. He agreed to give me one more chance but warned me if there was another incident, I would be fired.

Experience, Strength, and Hope Continued

A few months later, I was arrested for public intoxication by the city's finest. When I sobered up, I realized I was about to be fired, so when I went back to work, I met with my supervisor and my department head, told them about my arrest, and asked if they would let me check into a treatment program. They agreed and I thought I had pulled my best con ever; instead, that turned out to be one of the best decisions I've ever made.

I knew nothing about treatment centers and even less about Alcoholics Anonymous.

Though everyone else in my life seemed to know I was an alcoholic, I was not convinced.

After a week or so in treatment, I developed a romantic interest in one of the female patients. The staff felt I was sabotaging both my own treatment program, as well as that of the female involved. They threatened to kick me out of the program, which I knew meant losing my job. We suspended our romance, at least for the time, and I began to pay attention. I began understanding that I was, in fact, powerless over alcohol, and that my life was, indeed, unmanageable. The treatment center required attendance at A.A. meetings so I was in group meetings during the day, and A.A. meetings at night. After 30 days, I "graduated" the treatment program and, as of today, I haven't found it necessary to take a drink, or any mood altering chemical, for over forty years. Yes, it is amazing and I am nothing short of a miracle. But, that's not the point of this story.

When I started coming to A.A., and even when I picked up my white chip (in those days they used regular poker chips for 24 hours, 1 month, 3 months, 6 months and 9 months), I wasn't sure I wanted what you (A.A.) had, and I definitely was not willing to go to any length to get it. I still thought there was an easier, softer way and that, one day, I might be able to drink normally again. You quickly squashed that idea.

When I got out of treatment, I was proud to be sober for 30 days for the first time in 10 years. You told me to take "one day at a time" and I could manage that. I thought, what the heck, I'll try this at least for a while. I developed close friendships with treatment center alumni, and with other members of Alcoholics Anonymous, most of which had less than a year of sobriety.

Experience, Strength, and Hope Continued

Unfortunately, I did resume my treatment center romance and, one night, at the suggestion of my girlfriend, I found myself at a party in the woods way outside of town where there was loud music, drinking, drugging, and no telling what else. Something happened to me that night. After only a few minutes, I knew that I was in the wrong place, and if I stayed there, all of my efforts would be for naught. We got back into the car, headed out to the highway, and came back to town. The girl never went out with me again and, as far as I know, never got clean and sober. My presence in that situation proved to me in no uncertain terms, that I was a real alcoholic, and that if I wanted to ever to accomplish anything, or have any connection with the real world, I needed what you people had.

Thanks, first to my Higher Power, my God as I understand Him, who walked side by side with me, not only in sobriety, but also through the years when alcohol was my “god”, and then to the treatment center staff who detoxed me, helped me to understand the nature of my disease, and introduced me to the 12 steps of Alcoholics Anonymous, and finally to you, the members of Alcoholics Anonymous, some of which lived long, productive, useful, and sober lives, but who, sadly, are no longer with us. You mentored me, encouraged me, supported me, sponsored me, and connected with me before, during, and after meetings, sharing your experience, strength and hope with me, that I, too, might recover from this dreaded, fatal disease.

So, how do I know, and how do you know if you need Alcoholics Anonymous? In my experience, if you have one or more serious problems in your life (relationships, employment, finances, legal, etc.), and alcohol is even remotely involved in any of these issues, then there is a good chance you are an alcoholic. If so, then perhaps A.A. can help you. The real question is not whether you know you are an alcoholic, but rather whether you are willing to give your Higher Power, the fellowship of Alcoholics Anonymous, and yourself, the opportunity to find out. We can always choose to go back to drinking; but, none of us know how many opportunities we will have to sober up.

Here is a one-liner I heard years ago, and always remembered: Try A.A. for thirty days and, if you're not completely satisfied, we will gladly refund your misery.

A MOMENT OF REFLECTION

To Be Of Service - 8/3/26 - AA pg. 77

What ways can one count as service to show love?

A few come to mind and maybe others if given thought..

- Showing up at a meeting and staying if it's only two.
- Giving back to a meeting if it lacks substance.
- Calling on a fellow member if absent for a time.
- Checking on those whom are ill, or in hospitals.
- Conversing with an oldtimer at times it is always a learning curve.
- Starting a meeting.
- Chair a meeting.
- Attending a meeting.
- Going to a different meeting.
- Doing central office work or district.
- Then there's always the known general work with newcomers and sponsoring.

In thinking on love for my fellows these actions are just that >> LOVE.

"Actions speak louder than words."

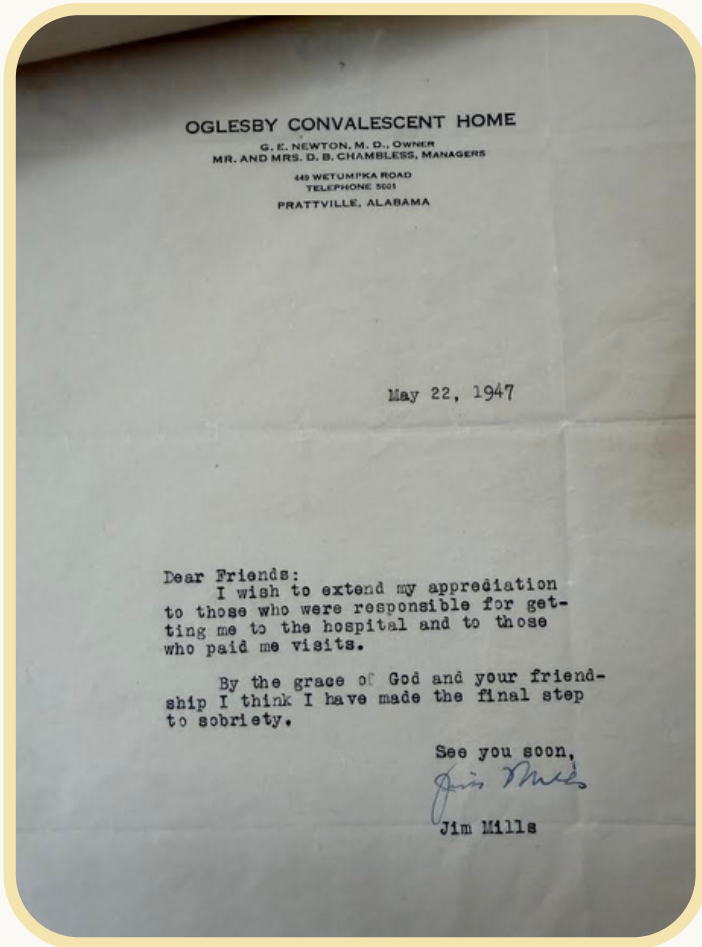
(*I ask God to help me imitate His love for me through my love for others.)

CFFH  

I have a new employer. Being all powerful, He provides what I need, if I keep close to Him and perform his work well.

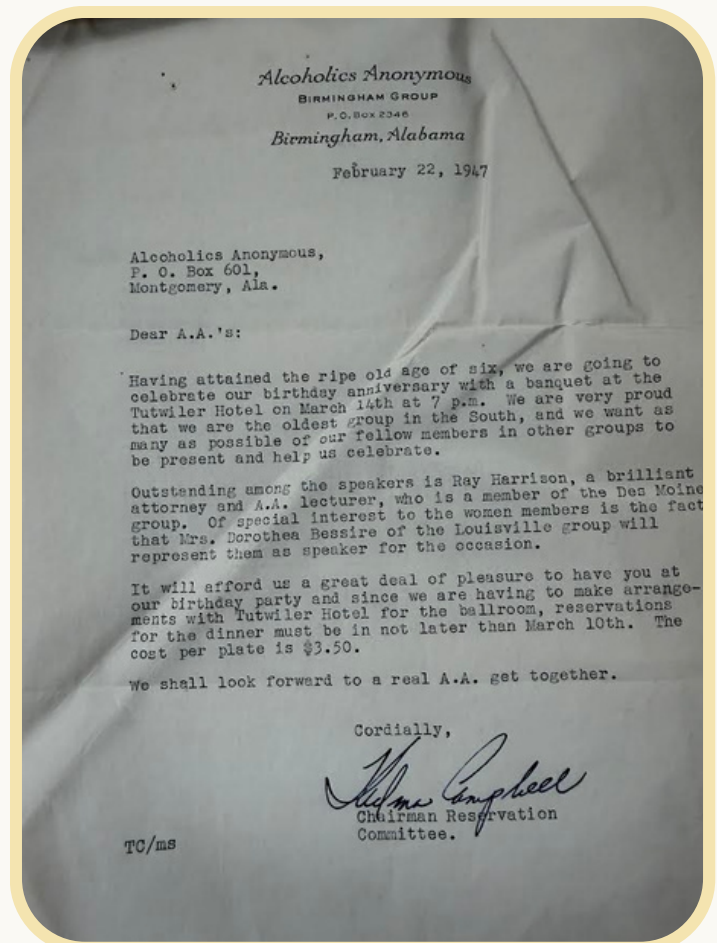
Archives Highlight

Our wonderful District Archives Chair has been working diligently and has found some absolute treasures that he wishes to share with you all!



Oglesby Convalescent Home Letter – May 22, 1947

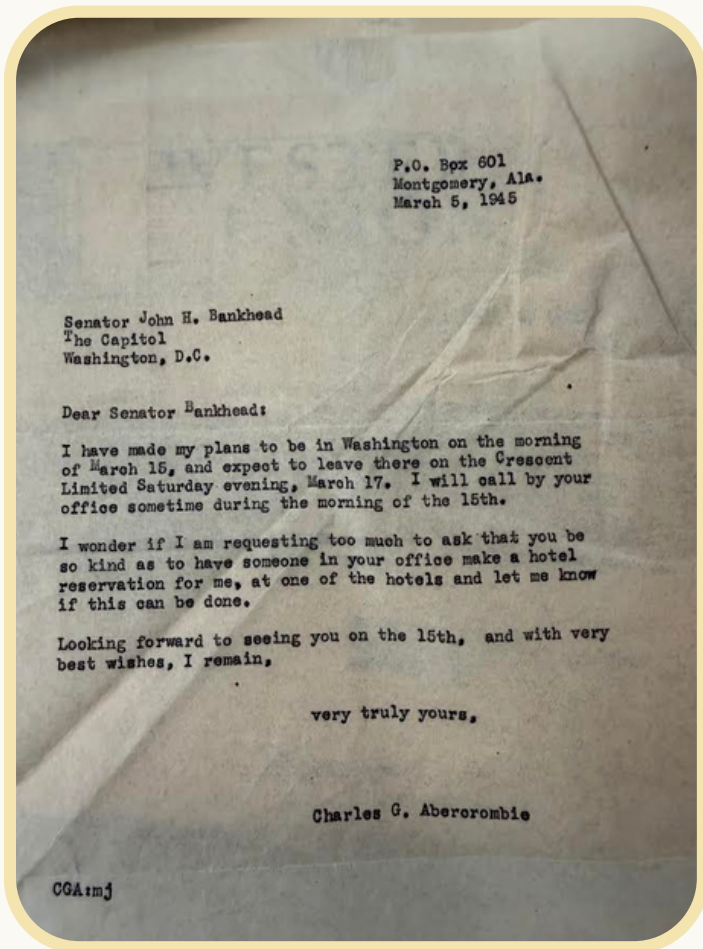
A heartfelt message typed on convalescent-home stationery, expressing gratitude for help, visits, and spiritual support during recovery. The simple layout and faded ink capture the sincerity of early AA correspondence, highlighting gratitude, grace, and hope.



Birmingham AA Birthday Banquet Letter – February 22, 1947

A historic typed letter from the Birmingham AA Group announcing their sixth-anniversary banquet. The page details early Southern AA history, celebrating fellowship, rotation, and service. The aging paper, worn creases, and fountain-pen signature give the document a deeply personal and archival feel.

Archives Highlight

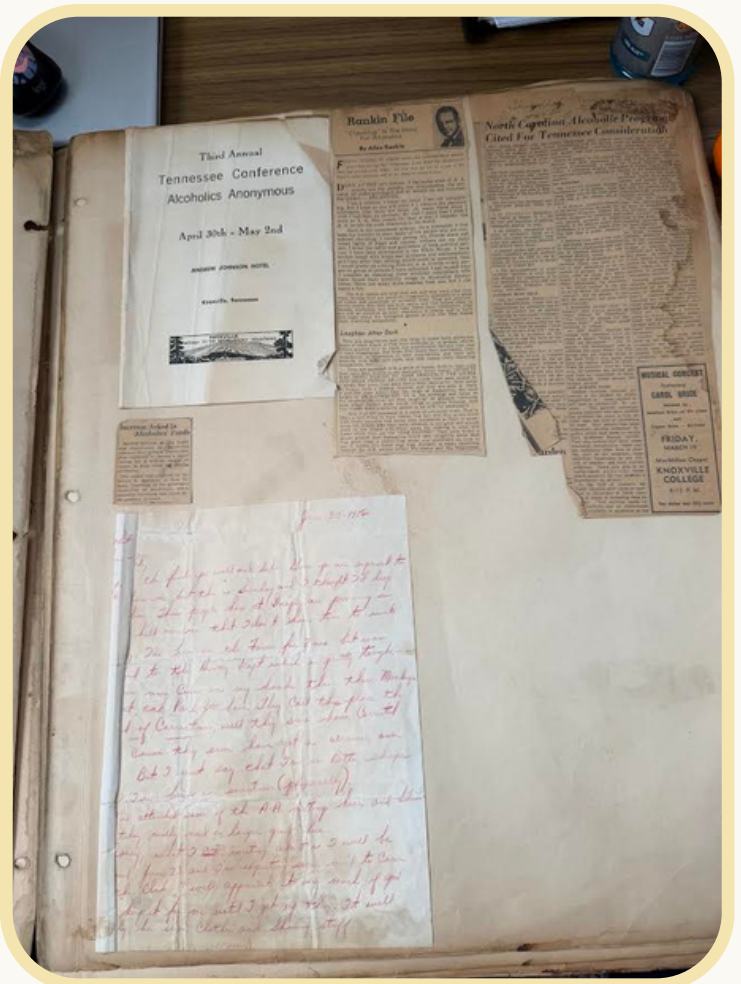


Personal Letter Regarding Travel to Washington – March 5, 1945

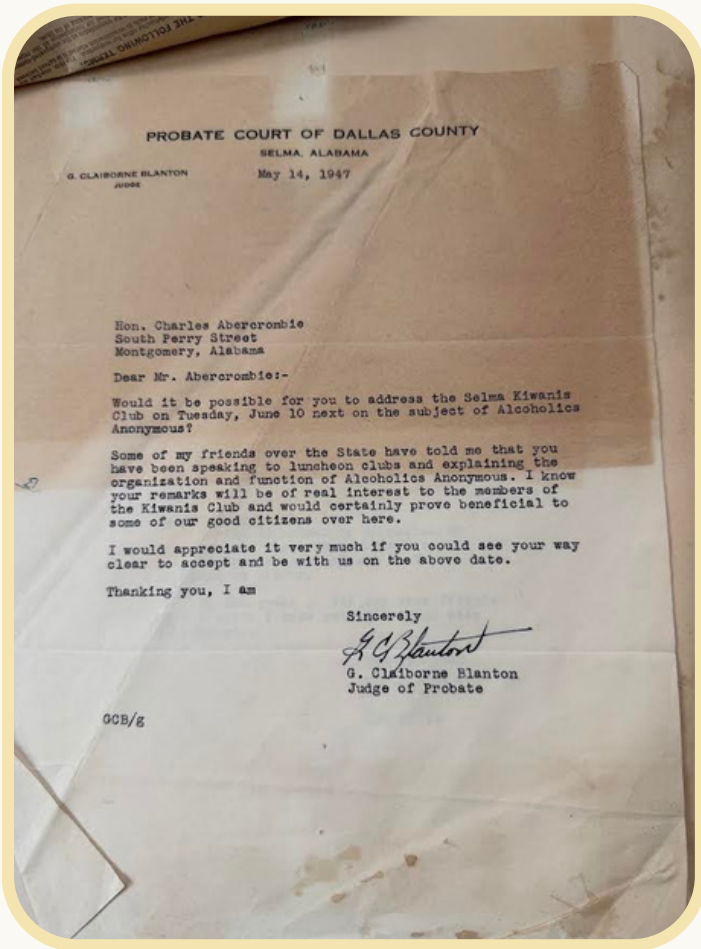
A typed note on Montgomery letterhead discussing upcoming travel plans and a request for hotel arrangements. The paper is creased and slightly yellowed, giving it a preserved, time-worn appearance that reflects mid-century communication and personal outreach.

Scrapbook Page of Early AA Newspaper Clippings & Notes

A scrapbook-style page filled with clippings about Alcoholics Anonymous conferences, along with a folded handwritten letter. The mix of preserved articles, uneven edges, and taped corners creates a powerful historical collage showing AA's early growth and public presence.



Archives Highlight

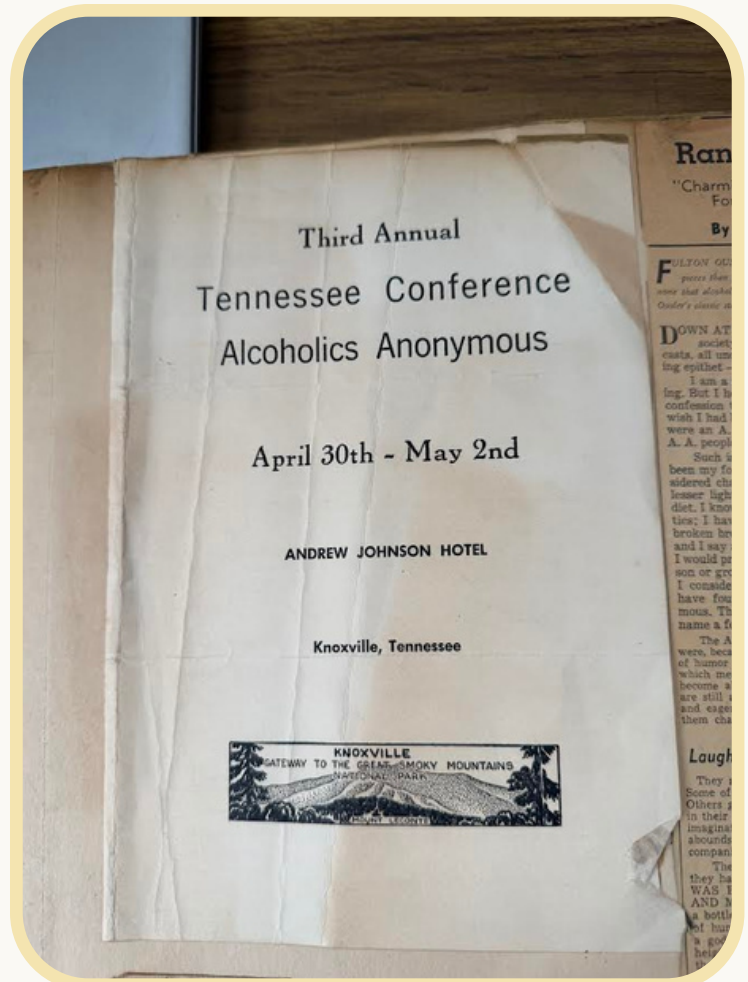


Probate Court Letter – Dallas County,
Alabama – May 14, 1947

Typed on official court stationery, this letter invites an AA member to speak to a civic club about the organization's purpose. The crisp format and dignified tone demonstrate how AA's message reached beyond the rooms and into community leadership circles.

Program Cover – Third Annual Tennessee AA Conference

A worn conference program from 1940s Knoxville, printed with simple black type and featuring the Andrew Johnson Hotel. The light creasing, softened corners, and classic design reflect early AA gathering culture and the commitment to unity and fellowship across the region.





D I S T R I C T 8
C O R R E C T I O N S • T R E A T M E N T

COMMITTEE MEETING

**EVERY 3RD
SATURDAY**

OF THE MONTH 10:30

@LEGACIES&

ZOOM

Zoom ID: 7987279234

PW: Awakening

Join us!

lots of opportunities for service

ARCHIVES COMMITTEE WORK DAYS

Saturdays

June 27th

July 25th

August 29th

September 26th

1:30pm - 2:30pm

Each Day!



HAPPY HOUR GROUP
3466 EASTDALE CIRCLE
MONTGOMERY, AL 36117



Birthday Contributions this Month:

Patty H - 24 years - Millbrook Primary Purpose

If you wish to join the Birthday Club, please fill out the sheet below and return it to Central Office

Did you know?? Montgomery Intergroup Central Office (MICO) now accepts Venmo!!
Your group can use Venmo to make Group or Personal contributions to Intergroup!

Here are things to remember:

- Please include a note with your Venmo payment/contribution in the box that says “whats this for?” under the \$\$ amount.
- If you are paying an invoice received from Central Office for a literature/chip order, put the group name & invoice number in the notes section.
- If you are making a Group Contribution, please be sure the note section has your group name!
- If you are making a Birthday 🎂 Contribution, please put “Birthday” in the notes. If you want the Birthday Contribution to reflect your group, please include your groups name, “Birthday-Group name”
- And finally, note that Venmo is PUBLIC so set your privacy accordingly!!

Montgomery Intergroup

@MICO-Intergroup



venmo



Birthday Club is when AA members contribute \$1 per year of their Sobriety to the Central Office as an act of gratitude and support your local Intergroup.

All you do is send us your Contribution on your Birthday month with your sobriety date & home group or mail it in with this sheet and we will print it in the Newsletter monthly Birthday Club.

NAME _____

SOBRIETY DATE _____

HOME GROUP _____

Venmo accepted: @MICO-Intergroup

828 Forest Ave., Ste A • Montgomery, AL 36106 • (334) 264-4122

District 8 2026

Committee Meetings and Opportunities for Service

What	Date	Time	Location
Intergroup	1st Saturday of the Month	8:00am	Legacies/Hybrid
District 8	1st Saturday of the Month	9:30am	Legacies/Hybrid
Archives	1st Saturday of the Month	After District	Legacies/Hybrid
Corrections and Treatment	3rd Saturday of the Month	10:30am	Legacies/Hybrid
Grapevine and Literature	N/A		
Website	2nd Thursday of the Month	6:00pm	Legacies/Hybrid
CPC	3rd Saturday of the Month	9:30am	Legacies/Hybrid
PI	1st Monday of the Month	6:00pm	Legacies/Hybrid

If you have an committee meetings or opportunities of service you wish to add to the list, please reach out to Natalie M. and she will add them for the next issue!

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® MEETINGS

Meeting Schedule as of: July 20, 2026

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLANTON							
Clanton Group of AA Church of Christ 111 Lay Dam Rd. Clanton, AL 35045	O-D 7p			O-L 12p		O-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beelant St. 30637	C-D 7p			C-D 7p			
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road (Behind Church)				O-BB 6p			
MILLBROOK							
Primary Purpose Group 3170 Park Circle (Memorial Center Building)	O-D 6p		O-SP/BG/D 6p *5th Wed SP		O-D 6p		
MONTGOMERY							
A Vision For You Group of AA 5748 Carmichael parkway 36117 COSA		O-D 6p					
Fellowship Group of AA Grace Presbyterian Church 5 Bell Rd 36117 (Corner of Bell Rd & Atlanta Hwy)	C-L & BG* 6p L = 12x12	C-D & BG* 6p		C-D & BG* 6p	C-L & BG* 6p L = BB	O-SP 6p	C-D * & 2p C-D W 6p
Happy Hour Group of AA 3466 Eastdale Circle (Next to Fortis College)	C-D 6:30am 12p & 6p	C-D 6:30am & 12p C-L/12x12 6p	C-D 6:30am C-L/BB 12p C-D 6p	C-D 6:30am & 12p O-D/BG 6p	C-D 6:30am 12p	C-D 12p	O-D/BG 6P O-SP 6P 1ST Sunday
The Legacies Group of AA 3412 Atlanta Highway (Enter on Forest Hills) Zoom ID 798-727-9234 PC Awakening	C-D 12p	C-L BB 12p	C-D 12 pm O-SP 8p Hybrid (in person and on line)	C-L/12x12 12p	C-D 12p C-D-Cl 8p Hybrid	C-D 12p	C-D 9am Hybrid (in-person and on-line)
Grup Ayudate a Ti Mismo 3412 Atlanta Highway (Enter on Forest Hills)	HISP O-D 7:30-9p Lunes	HISP O-D 7:30-9p Martes				HISP O-D 7:30-9p Sabado	HISP O-D 11a-1p Domingo
Living Sober Group of AA Church of the Ascension 315 Clanton Ave. 36104 meeting in the Joshua Commons	C-D 6p		C-L 6p				
Sole Purpose Group of AA Frazer Church 6000 Atlanta Hwy, Room 3103 Montgomery, AL 36117				C-L BB, 12x12 6:30p			C-D 6:30p
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaugh Road	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA First Christian Church 1705 Taylor Rd Montgomery, AL 36117	O-D 11a		O-D 11a		O-D 11a		
We Stopped In Time Group of AA Eastern Hills Baptist Church 3604 Pleasant Ridge Road		O-BB 7p YP				O-SP/D 8p YP	

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® MEETINGS

Meeting Schedule as of: July 20, 2026

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

Group/Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 E 4th Street	O-L/BB 12p	C-D 12p		C-D 12p O-SP 12p Last Thursday	O-L/12x12 12p	C-D-W 9am	
Autauga S.O.S. Group of AA Christ Lutheran Church 2175 Cobbs Ford Road			O-L/BB 6:30p	O-D 6:30p			
Centerpoint AA Group Centerpoint Church 1200 McQueen Smith Road				O-D 6p			
Prattville Downtown Group of AA 326 West 5th Street	O-SP 6:30p	O-BG 6:30p	O-D 12p C-D 6:30p	C-L 6:30p	O-SP 6:30p	C-D 12p O-D-Cl 6:30p	O-D 12p O-L/12x12 6:30p
SELMA							
Selma Group of AA Courthouse, Alabama Ave & Lauderdale St.	O-D 12p	O-D 6p	O-D 12p	O-D 6p	O-D 6p	O-D 12p-6p	O-D 6p
Braveheart Group St. Paul's Episcopal Church 210 Lauderdale St.	C-D 6p		C-D 6p			C-D 11a	
TALLASSEE							
Tallassee 12&12 Step Study East Tallassee Methodist Church 101 Central Blvd.		O-ST 7p					
THORSBY							
Thorsby Group of AA 20466 US-31 Thorsby, AL 35171			O-D 7:30p				O-D 8a
WETUMPKA							
Wetumpka Group of AA 103 Tuskeena St.	C-D 7p			C-D 7:30p			
Keystone Group Redland Hills Church 3105 Rifle Range Road	C-D 6p			C-D 6p			

O = Open Meeting (for anyone interested in the AA Program)

C = Closed Meeting (attendance limited to those with a desire to stop drinking)

BG = Beginners

Cl = Candlelight Meeting

D = Discussion

HISP = Spanish Speaking

L = Literature

Literature study (BB, 12x12 or Other)

LGBT = Lesbian, Gay, Bi Transgender

SM = Smoking

SP = Speaker

ST = Step study

W = Women

YP = Young People & Young at Heart

*** Al-Anon Meets Simultaneously**

**** Alateen meets Simultaneously**

Montgomery Intergroup provides this schedule of A.A. group meetings in this area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval of endorsement of any group's approach to or practice of the traditional A.A. program.

Montgomery Intergroup 334-264-4122 * montgomerycentraloffice@gmail.com * www.centralalaa.org
828 Forest Avenue, Suite A * Montgomery, AL 36106 * Open Mondays and Wednesdays 10 am to 2 pm

Aug 1, 2026

District 8 Meeting Minutes

Members Present | 24 people were present in person.

Opening | Welcome | Anthony A. | The meeting began at 9:30am. Opened with the Serenity Prayer.

Reading of the Tradition(s) & Explanation of the Concept(s)

David H. | Read the Long Form of Tradition 8

Joel M. | Read/explained Concept 8

Next Month -

Dave H. | Read Long Form of Tradition 9

Morgan W. | Read/Explain Concept 9

OFFICER REPORTS:

SECRETARY'S REPORT | Natalie M. |

SECRETARY@CENTRALALAA.ORG | NOT Present

- Joel M. took minutes as secretary for this meeting.
- As always, Committee chairs please send me your reports!
- If there is anything you want sent out, send this to the Secretary and it will be able to email them out.
- A motion to accept, it was seconded. Motion passed.

TREASURER'S REPORT | Sandra V. |

TREASURER@CENTRALALAA.ORG | Present

- The report was read.
- Beginning Balance - \$3320.67
- Income - \$58.17
- Expenses - \$236.18
- Ending Balance - \$3135.65
- A motion to accept, it was seconded. Motion passed.

DCM | Anthony A. | DCM@CENTRALALAA.ORG | Present

- Report not sent.
- Registration is open for SERF (South Eastern Regional Forum).

- Questions or concerns regarding the Forum can be sent to the DCM by phone or through the District email.
 - Please submit questions no later than the next District meeting.
- The GSO Contribution Report has been posted. Contact the DCM by phone or email with any questions.
- District 8 elections will be held next month.
- The Old-Timer event is not receiving enough participation and may need to be canceled this year.
- Alcathon is getting close. The District and Intergroup will need to begin looking for people to host committees. These committees are generally already formed.
- Area Report
 - The following updates were provided:
 - Copies of an abbreviated Area Report are available for anyone interested.
 - Attended all available Area meetings except YPAA in-service.
 - The Pre-Conference Committee discussed growth and the importance of spreading information about the pre-conference system and passing information from year to year.
 - The Delegate's report was presented as a slideshow. Copies are available to share.
 - Motions were discussed, including a proposed change in wording regarding the term "Eskimo." (Wording retained from original notes; details unclear.)
 - The DCM meeting brought up the topic of YPAA.
 - The ice cream social was skipped this time.
 - Area Motions
 - Increase funding for SERF attendance to \$800 per person — Passed.
 - Allow three voting members to attend the tech workshop — Passed.
 - Rescind the service résumé requirement from Area — Passed.
 - Create a paid, contracted position for the Web Coordinator — Passed.

ALTERNATE DCM | Dave H. | ADCM@CENTRALALAA.ORG | Present

- Report not sent.
- Attended Area.
- Attended the Technology Committee and several other committees.
- Attended the Area One Convention Committee.

COMMITTEE REPORTS:

PROGRAM CHAIR | Les H. | PROGRAMS@CENTRALALAA.ORG | NOT Present

- Presenter was Patty H., discussing "The A.A. Group" pamphlet.
- Discussion included pages 6, 7, 10, 15, 22, 28, and 12.

ARCHIVES CHAIR | Walter C. | ARCHIVES@CENTRALALAA.ORG | Present

- Missed last month's meeting due to a family vacation.
- Thanked those who stepped up and held meetings in his absence.
- Received all of the meeting materials this afternoon.
- Happy Hour is at 1:30 PM.

**CORRECTIONS CHAIR | Mary Joyce M. |
CORRECTIONS@CENTRALALAA.ORG | NOT Present**

- No Report sent yet.

CPC CHAIR | Greg P. | CPC@CENTRALALAA.ORG | NOT Present

- No Report Sent.

**GRAPEVINE CHAIR | Rebecca L. |
GRAPEVINE@CENTRALALAA.ORG | Present**

- Working on getting organized.
- An interest meeting for the Grapevine will be held at the Literature meeting at the Central Office.
- Contact Rebeca or Ray for more information.
- Information will also be posted on the District webpage.
- Everyone is encouraged to check out the newest Grapevine.

**INTERGROUP | Mitchel F. |
INTERGROUP@CENTRALALAA.ORG | NOT Present**

- The Chair has stepped down.
- There was a motion to add an Alternate Chair position to Intergroup at Intergroup Meeting.

- Elections are coming soon.
- An Alcathon Chair is needed.
- An old-stock literature sale may be coming up.
- Three other Board positions will be opening in October for the upcoming election.

**CENTRAL OFFICE | Ray H. |
MONTGOMERYCENTRALOFFICE@GMAIL.COM | Present**

- A new volunteer has joined and is doing an excellent job.
- The meeting schedule has been updated.
- Groups are encouraged to check the meeting schedule and make sure their meeting information is correct.
- Book shipment: **612 books / 428 chips**.
- Inventory was completed.
 - Total inventory: **12,441**
- Newcomer packets are being developed. A sample packet was presented for groups to review.
- A list of items included in the packets will be provided.
- For changes, contact Central Office by email.
- Changes can also be requested through the website.

**LITERATURE CHAIR | OPEN |
LITERATURE@CENTRALALAA.ORG | NOT Present**

- No Report.

PI COMMITTEE CHAIR | Greg B. | PI@CENTRALALAA.ORG | Present

- Meetings are held Mondays after the District meeting.
- Meeting lists are provided to hotels.
- Working on a list of goals for the committee.

**TREATMENT CHAIR | Donnie G. |
TREATMENT@CENTRALALAA.ORG | Present**

- County Detention Center meetings are held Tuesday, Thursday, and Saturday.
- Altheia meeting — Sunday at 4:00 PM.
- Life House meeting — Thursday at 6:30 PM.
- Bradford meeting — Tuesday at 9:30 AM.

**WEBSITE CHAIR | David H. |
WEBCHAIR@CENTRALALAA.ORG | Present**

- A new website is expected to be coming soon, possibly within three weeks.
- Working on streamlining the website.

**OLD TIMERS CELEBRATION CHAIR | OPEN |
OTC@CENTRALALAA.ORG | NOT Present**

- No Report.

2026 YPAA Reports | OPEN to Anyone Involved

- GUMPYPAA - District 8 Bid Committee
 - We are trying to bring the conference back to district 8.
 - We meet on the 3rd Saturday of every month at Eastern Hills Baptist Church.
- SERCYPAA - AREA 1
 - August 13th - August 16th
 - First time it has ever been in Area 1.
 - Desired Shore of Faith.

GSR SHARING & ANNOUNCEMENTS:

- Craig asked about the OTC schedule. It is usually held in August, but sometimes in September. The month is determined by the current standing committee. If no one steps up soon, it may be missed this year.
- Kim shared that SOS now meets on Thursdays at 6:30 PM. This is a new meeting.
 - Wednesdays are a book study.
 - Thursdays are an open discussion meeting.

OLD BUSINESS:

- District elections will be held next month.
- Open Positions
 - Literature
 - OTC
 - We have a heightened sense of service opportunity.
 - If you or anyone you know or sponsor, who is willing and able.
- District Elections will be held next month.

NEW BUSINESS:

- Discussion: Area One Conference in District 8
 - Discussion was held regarding the possibility of an Area One conference being held in District 8.
 - The topic was proposed for GSRs to consider this with their groups.
 - Several people expressed interest.
 - Discussion was held regarding whether District 8 could provide volunteers and committee support.
 - Additional support from Montgomery and other parts of Area One was discussed.

- Motion 1 — September Meeting Date
 - Motion: Move the September 5, 2026, meeting to August 29, 2026, due to the holiday weekend.
 - Les seconded the motion.
 - Vote: 15 in favor, 0 opposed
 - Motion passed.

- Motion 2 — DCM/Alternate DCM Area Attendance Stipend
 - Motion: Increase the stipend for the DCM or Alternate DCM to attend Area meetings from \$200 to \$350 to cover increased costs.
 - Receipts for expenses are required.
 - Any advanced funds not used for expenses are to be returned to the District Treasurer.
 - Colby seconded the motion.
 - Discussion was held regarding whether the motion should take effect immediately.
 - Discussion was also held regarding the wording of "reimbursement," as the DCM or Alternate DCM must pay expenses upfront and may have to pay out of pocket.
 - The motion was reread with the revised wording.
 - Vote: 16 in favor, 0 opposed
 - Motion passed.

- Motion 3 — SERF and Alternate Attendance Stipend
 - Motion: Increase the stipend for the DCM or Alternate DCM to attend SERF and the Alternate event from \$500 to \$900 to cover increased costs.
 - Receipts are required.

- Any advanced funds not used for expenses are to be returned to the District Treasurer.
- Vote: Unanimous
- Motion passed.

- Additional Discussion
 - Craig raised a discussion regarding the District's stipend amounts and whether, since the District has sufficient funds, it may be time to increase the reserve.
- Moving the September District meeting from the 5th to the 12th of September.

CLOSING | Anthony A. | Closed with the Responsibility

NEXT DISTRICT 8 MEETING: | Saturday October 3rd 2026

NEXT AREA ASSEMBLY: Friday October 9th - Sunday October 11th 2026

24-HOUR HOTLINE: (334) 264-4122

MONTGOMERY INTERGROUP

CENTRAL OFFICE AT: 828 FOREST AVENUE, SUITE A MONTGOMERY, AL 36106
TEL: (334) 264-4122 Intergroup@centralalaa.org

DISTRICT 8

DISTRICT 8 TREASURE P.O. BOX 6094 MONTGOMERY, AL 36106

ALABAMA / NW FLORIDA AREA 1

ALABAMA/NW FLORIDA AREA ASSEMBLY ATTN: AREA 1 TREASURER, 2135
INTERSTATE DR. BOX 209, OPELIKA, AL 36801
AAareal.org

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JOIN THE EFFORT TO CARRY THE MESSAGE THROUGH THE POWER OF
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Post.Editor@centralalaa.org

August 1, 2026

Meeting began at 8:02 AM

Prayer

Traditions read by Sandra

Attendance: Rustin PDG, Shane WSIT Intergroup Rep, Cushing Legacies Ad Hoc, Will H Strange Camels Intergroup Rep, Jim Strange Camels, Ray Fellowship COM, Craig Legacies, Jennifer Legacies, Dave H Legacies, Rebecca Strange Camels BBCA Secretary, Colby W WSIT Intergroup Treasurer, Vickie S Legacies BBCA Chair, Scotty G Clanton Group, Joel, Abby

Secretary Report - Mike D. read minutes from July 2026 meeting.
amended (missing report from Board - Les H.)

Accepted as

Treasurer Report:

Checking Account:

Beginning Balance: \$4,244.88

Income:

Contributions:

PDG - \$25

Strange Camels - \$183.03

Al-Anon District 6 - \$75

Legacies - \$23.17

Fellowship - \$40

Primary Purpose - \$72.73

Total Contr. - \$418.93

Additional Income:

Lit. Sales - \$868.26

Additional Income - \$603.80

Total Income - \$1,890.99

Expenses:

Callcentric - -\$13.80

COSA (Rent) - -\$300.00

Legacies (Rent) - -\$25.00

Canon - -\$59.10

BBCA - -\$1,889.41

AAWS - -\$612.60

Bright Star - -\$428.95

Consumer Taxes - -\$77.68(Local)

- \$47.07(State)

- \$124.75(Total)

Total expenses: -\$3,453.61

Ending balance: \$2,682.26

Savings account:

Beginning balance: \$5,455.43

Seed Money:
Alcathon - \$150
Anniversary - \$300
BBCA - \$0(To be returned)
Total of \$450 Seed Money currently
Ending balance: \$5,455.43
Total funds: \$8,135.69

MICO Board Report

Intergroup Business Meeting August 1,2026

- The MICO most recently met on July 18, 2026 at Legaciesat 9:00am
- The MICO Board will meet next on October 17, 2026 at this location, at 9:00am.
- As we have had trouble in getting regular reporting from Intergroup, The Board would like to formally request that the Intergroup either create a "GroupMe" chat, with a dedicated sub-chat for Minutes to be posted (in a timely manner) or a recommitment for an in-person report quarterly to the Board from the Intergroup Chair or appointed representative.
- At the end of this year, three Board members will be rotating out, thus creating the need for Intergroup to provide the Board three new Board Members. Additionally, a Board Member is stepping down after their second year into their three-year rotation. Creating a one-year service term vacancy.
 - o We ask that Intergroup begin seeking A.A. to fill these Service Commitments.
- I'd like to thank all of the MICO Board Members and Intergroup for their continued support.

Central Office Manager - Ray. Did an inventory of all the supply items. Received new literature and chips. Placing more orders for books, pamphlets, and grapevines this month. So far this year we have sold over \$5,000 in literature. But we have over \$12,000 in items. We have a lot of extra copies of As Bill Sees It and Jim and Ray have been putting together some beginners packets that have pamphlets for beginners. We are doing a session August 22nd at 11 to meet with anyone to talk about being a literature chair.

Post - No report

24 Hour Hotline/12 Step committee report - David H. Hotline/12 step committee report

All spots for the hotline are currently filled. We meet the 3rd sunday of every month on zoom at 130. There is a link on the calendar on the website. We will be looking to update the the 12 step

list before the end of the year. If you have any questions please reach out via cell at 334-777-4158 or email at mgmintergrouphotline@gmail.com

Web Coordinator - Dave H - The website committee meeting. The website launch date has been delayed. There were talks on the migration of the website.

Alcathon chair is open!

Anniversary chair - Ashley B. Thank you for letting me serve.

Friends of Bill W - Vicki S. Our wrap up report Hey Mike, this is the FoBW Committee report to Intergroup tomorrow. Hope you have a fun Friday. 🌟 Hey Mike, this is the FoBW Committee report to Intergroup tomorrow. Hope you have a fun Friday. 🌟

Friends of Bill W. Committee Report to Intergroup

Every thing at the event went really well. There was good attendance and fellowship. Lots of people reported being helped by the event. Financially, the event was a success! We broke even, plus a few extra bucks.

Ad Hoc - Cushing - Last month at the Intergroup Meeting we distributed copies of the responsibilities and roles of the service members in an attempt to

For any edits or suggestions, please contact Cushing at Cushing3@gmail.com or 334 322-4011

Intergroup Rep Open Sharing -

Strange Camels Anniversary August 22nd from 4pm-7pm at Strange Camels meeting place.

Old Business

For Anniversary and Alcathon chairs, they can be elected as soon as the event is over to provide.

Colby nominated Ashley B for the Anniversary Committee Chair. Voted in by acclamation.

Alcathon Chair - no suggestions. Please bring this back to your home group.

Intergroup Chair - no suggestions. Please bring back to your home group.

Craig M suggested we go to our home groups and talk to individuals we think would be willing and able.

New Business

Alcathon Chair - no suggestions. Please bring this back to your home group.

Ray asked what this body would like to hear in a Central Office Report. Craig M suggested that the report should focus on highlights of what is happening.

Area Assembly is next weekend.

Friends of Bill W committee chair is open. Vicki S was nominated by Sandra to be chair again. Vicki S was voted in by acclimation.

Elections for this body will be in October. Cushing suggested we add a position for an alternate chair.

There are four spots going to be open on the MICO board. This is a 9 member committee and we need a minimum of 5 people to have a quorum. Contact Les H with any questions.

Motion made and passed to create an alternate chair position for Intergroup.

Cushing will be emailing the Intergroup Secretary with the roles and responsibilities for Intergroup service positions.

Jim suggested looking into some various cloud storage options. He agreed to look into it before the next intergroup meeting. Craig M suggested we figure out what exactly what would be stored there. Kent suggested we look into the website as a possible location for storage. Cushing suggested we do a needs analysis and figure out why this should be done and what exactly needs to be done.

Abby gave an apology to the group for walking out on Friends of Bill W.

Closed with the responsibility declaration.