

EDITOR'S CORNER

Gosh, it is hard to believe it is July and that half of the year has gone by in what seems like the blink of an eye. July is the month in which we recognize when The United States became a united and free nation gaining independence from British rule in 1776. Today, it is typically associated with celebrations of food, drink, fireworks, and comradery. For many years, for myself as I am sure for others in this fellowship, it was

associated with partying, drinking to excess and oblivion, and then the dreaded day after, when the remorse, shame and possible consequences set in. As our country's forefathers had been subject to British rule, I, as an active alcoholic, was subject to the rule of alcohol. I had lost the freedom and ability to abstain from alcohol. My whole life revolved around it. I had no independence of any kind, and sadly did not even realize that to be

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A.A. HISTORY

Editors' note: While the book referenced in the following History article is not Conference Approved Literature, it was and is however, a widely used study guide by members of A.A., especially in the early days of A.A., and is therefore considered part of A.A. history.

THE LITTLE RED BOOK

You may know about the Big Book, officially titled *Alcoholics Anonymous, The Story of How Many Thousands of Men and Women Recovered from Alcoholism*. Did you know there was a Little Book, too?

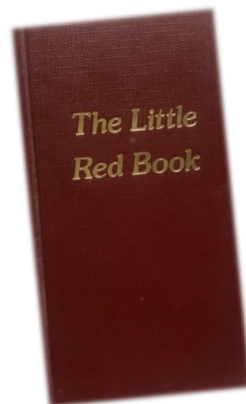
The Big Book used to have a red cover in its first edition. This meant many referred to the Big Book as The Big Red Book in the early years of A.A. history. *The Little Red Book* was the first study guide for the Big Book and the Twelve Steps, and it was primarily written with newcomers in mind. According to

A.A. historians, the author was Ed W., and his original title of the book was *The Twelve Steps: An Interpretation of the Twelve Steps of the Alcoholics Anonymous Program*. Notes from A.A. members tell us that A.A. co-founder Dr. Bob endorsed Ed W.'s writing since it was based on the Big Book's teachings.

Although Bill W.'s *Twelve and Twelve*, written in 1953, shares

some common characteristics with *The Little Red Book*, certain passages stand out as unique to Ed's take on recovery. The Step 1 section is quite detailed, with

emphasis on the body as well as the mind: "A healthy person can endure



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Suggestions on topics you want explored? Contact us at
Post.Editor@centralalaa.org

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Post.Editor@centralalaa.org

THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

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Contributions for print subscriptions are encouraged.

For email subscriptions contact:

Post.Subscription@centralalaa.org

MARK YOUR CALENDAR



INTERGROUP MONTHLY MEETING

SATURDAY, AUGUST 3, 2019

8:00AM @ LEGACIES GROUP
3412 ATLANTA HWY, MONTGOMERY, AL 36109

DISTRICT 8 MONTHLY MEETING

SATURDAY, AUGUST 3, 2019

9.30AM @ LEGACIES
3412 ATLANTA HWY, MONTGOMERY, AL 36109

HAPPY HOUR GROUP 13TH ANNIVERSARY

JULY 20, 2019 4:30 PM – 7:30 PM

COME CELEBRATE THE 13TH ANNIVERSARY OF THE HAPPY HOUR GROUP!
4:30 FELLOWSHIP/EATING
5:00 GROUP HISTORY/GAME/RAFFLE
6:30 SPEAKER
HAPPY HOUR GROUP, 3466 EASTDALE CIRCLE, MONTGOMERY, AL 36117

MORE EVENTS & INFO:

[HTTP://WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/](http://www.centralalaa.org/unity/upcoming-events/)

PRATTVILLE DOWNTOWN GROUP QUARTERLY EATING MEETING

JULY 20, 2019 4:30 PM – 7:30 PM

JOIN US FOR FOOD AND FELLOWSHIP AT 4:30
SPEAKER MEETING IMMEDIATELY FOLLOWING.
PRATTVILLE DOWNTOWN GROUP
326 W 5TH STREET
PRATTVILLE, AL 36067

THE NEXT ALABAMA/NW FLORIDA AREA ASSEMBLY

OCTOBER 11-13, 2019

MORE INFO ON AREA 1 WEBSITE
[HTTP://WWW.AAAREA1.ORG/](http://www.aaarea1.org/)
CLARION INN & SUITES HOTEL
1577 S. COLLEGE STREET
AUBURN, AL 36830

PLEASE NOTE NEW EMAIL ADDRESSES:

Montgomery Area Intergroup Central Office
InterGroup@centralalaa.org
Post Editor Post.Editor@centralalaa.org
Post Subscription Requests or Questions
Post.Subscription@centralalaa.org

THE POST COMMITTEE

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The Steps— Catherine S.
The Concepts—**Service Opportunity**
The Traditions—Jill Z.
Birthdays—**Service Opportunity**
Events Recap— **Service Opportunity**
Literature—**Service Opportunity**
Mark Your Calendar— **Service Opportunity**

We welcome your assistance!
Suggestions on topics you want explored?
To get involved, contact us at
Post.Editor@centralalaa.org

[WWW.CENTRALALAA.ORG](http://www.centralalaa.org)

YOUR DISTRICT 8 ONLINE

[WWW.AAAREA1.ORG](http://www.aaarea1.org)

YOUR AREA 1 ONLINE

[WWW.CENTRALALAA.ORG/UNITY/INTERGROUP/LITERATURE/](http://www.centralalaa.org/unity/intergroup/literature/)

LITERATURE AT CENTRAL OFFICE

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 1980, LaVina.

Updated: September 6, 2018

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONTGOMERY							
12 Steps Group of AA Heritage Baptist Church 1849 Perry Hill Road, 36106 (Meeting in Room 127)		C-D-ST-BG 6p					
A Vision for You Group of AA Baptist Health Training Entrance 2010 Normandie Dr., 36111			O-D 7p				
Chapter 9 Group of AA CAP Auditorium 1153 Air Base Blvd., 36108						O-D 1:30p	O-D 1:30p
Chisholm Group of AA 1409 Federal Drive, 36107	C-D-Sm - 12p C-ST-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-L-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm 6p	O-S 6p
Fellowship Group of AA Grace Church at Bell Road 5 Bell Road, 36117 (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6p	C-D-BG * 6p		C-D-BG * 6p	C-L & BG * 6p	O-S 6p	C-D* - 2p C-D-W - 6p
Happy Hour Group of AA 3466 Eastdale Circle, 36117 (Next to Fortis College)	C-D - 6:30a C-D - 12p C-D - 6p	C-D - 6:30a C-D - 12p C-L - 6p	C-D - 6:30a C-L - 12p C-D - 6p	C-D - 6:30a C-D - 12p O-BG - 6p	C-D - 6:30a C-D - 12p C-D - 6pm 1 st Friday O-S - 7p	C-D 12p	C-D - 12p O-D - 6pm
The Legacies Group of AA 3412 Atlanta Highway, 36109 (Enter off Forest Hills Drive)	C-D - 12p C-D - 6p	C-L 12p	C-D - 12p O-S - 8p	C-D 12p	C-D - 12p C-D-CL - 8p	C-D 12p	C-D 9a
Living Sober Group of AA Mental Health America 1116 South Hull Street, 36104	C-D 6p		C-D 6p				
Sole Purpose Group of AA 22 North California Street, 36107	C-D 7:30p			C-L 7:30p			C-D 7:30p
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaughn Road, 36117	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA Bradford Health Services 386 St. Luke's Drive, 36117	O-D 11a	O-D 11a	O-D 11a	O-D 11a	O-D 11a		
We Stopped in Time Group of AA Unitarian Universalist Fellowship 2810 Atlanta Highway, 36109 (Enter at back off Dunn Drive)		O-D-YP 8p				O-D-YP 8p	
CLANTON							
Clanton Group of A.A. Trinity Episcopal Church 503 2 nd Ave. S, 35045	O-D 7p			C-L 12p		O-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beeland St, 36037 334-437-2015 or 334-662-7129	C-D 7p			C-D * 7p			
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road, 36043 (Silver trailer behind church)		O-D 6p					
MAPLESVILLE							
Maplesville Group of AA Highway 139, PO Box 231, 36750					O-D 8p O-S 3 rd Fri.		C-D 8p

<http://www.centralAA.org/recovery/AA-meeting-list/>

Montgomery Intergroup Central Office 24/7 Hotline 334-264-4122

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Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MILLBROOK							
Primary Purpose Group of AA Church of the Nazarene 3251 Browns Road, 36054 (In the Fellowship Hall)		O-D 6p		C-D 6p			
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 East 4th Street, 36067	O-L 12p	C-D 12p		C-D 12p	C-D 12p	C-D-W 10a	
Prattville Downtown Group of AA 326 West 5th Street, 36067	O-S 6:30p	O-BG 6:30p	O-D - 12p C-D - 6:30p	C-D - 6:30a C-L - 6:30p	O-ST-S 6:30p	C-D - 12p O-D-CI - 6:30p	O-D - 12p C-ST - 6:30p
SELMA							
5th Tradition Group of AA West End Baptist Church 504 Cahaba Rd., 36701					C-D 6:00p		
Selma Group of AA Dallas County Courthouse 105 Lauderdale Street, 36701	O-D 12:30p	O-D 6p	O-D 12:30p	O-D 6p	O-D 12:30p		O-D 6p
Braveheart Group of AA St Paul's Episcopal Church 210 Lauderdale Street, 36701	C-D 6p		C-D 6p				
TALLASSEE							
Ray of Hope Group of AA Kent Community Center 2872 Kent Road, Kent, AL 36078	O-L 7p		C-D 7p		O-D 7p		C-D 3p
12&12 Group of AA E. Tallassee United Methodist Church 101 Central Blvd, Tallassee 36078		O-ST * 7p					
UNION SPRINGS							
An A.A. Group Bradford Health Services 102 Conecuh Ave, West, 36089 (In Bullock County Hospital)	O-D 7p		O-D 7p				
WETUMPKA							
Free World Group of AA Elmore County Extension Office 340 Queen Anne Road, 36092 (Metal Outbuilding)							O-D 6p
Wetumpka Group of AA 103 West Tuskeena St., 36092	C-D * 7p						

Montgomery Intergroup provides this schedule of A.A. group meetings in this service area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval or endorsement of any group's approach to or practice of the traditional A.A. program.

LEGEND			
O = Open Meeting <i>Anyone interested in the A.A. program may attend.</i>		C = Closed Meeting <i>Limited to those with a drinking problem and a desire to stop drinking</i>	
D = Discussion Meeting	Sp = Speaker Meeting	L = Literature Study (BB, 12/12, etc.)	St = Step Study
Cl = Candlelight Meeting	W = Women's Meeting	LGBT = Lesbian, Gay, Bi, Transgendered	BG = Beginners Meeting
Sm = Smoking Permitted	YP = Young People & Young at Heart	* = Al-Anon Meets Simultaneously	** = Alateen Meets Simultaneously

Montgomery Intergroup Central Office
828 Forest Avenue, Suite A, Montgomery, AL 36106
Open Mondays from 10 am until 2 pm.

www.centralalaa.org • Email Intergrupp@centralalaa.org

<http://www.centralalAA.org/recovery/AA-meeting-list/>

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great hardships under most unfavorable conditions as long as he or she receives oxygen, water, balanced nutrition, regular elimination, proper rest, and relaxation. . . “Indeed, relaxation is mentioned in several places throughout the book. It goes on to say that “when any of these factors is permanently withheld . . . sooner or later deficiencies occur in our bodies, nervous tension, and neurotic conditions are established; our nervous systems upset mental balance, and we will eventually die from lack of rest and nourishment.”

Another interesting passage springs up in the discussion of Step 12. The book offers the suggestion that people may be “double sponsored” so that a younger member may learn from an older one as they serve others. In this sense, double sponsoring sounds like what happens when Twelve Step calls are made (an alcoholic always goes with a partner, never alone), but the idea is extended to include helping the newcomer for a longer length of time.

Karen C. would later write *The Little Red Book for Women* in 2004, which extended Ed’s vision by adding details about the female alcoholic’s life. Another text, *The Little Red Book Study Guide*, was also created by Bill P. in the late 1990s. Hazelden Publishing sells both the study guide and the original text. The website describes The Little Red Book as “filled with practical information for those first days of sober living” and “one of the most-used and best-loved study companions to the Big Book.” Although currently not recognized as conference-approved literature, the Little Red Book has made a difference in many people’s lives and continues to circulate online and elsewhere.

Shannon H. - Happy Hour Group

HOME
GROWN

STEP SEVEN

HUMBLY ASKED HIM TO REMOVE OUR SHORT-COMINGS.

I thought humiliation and being humble meant the same thing early on. I have learned this couldn’t be further from the truth. Humiliation is ugly, and hurts, and can leave internal scars. Humble has many definitions. For our use - Humble is spiritual and simple in nature, and is a practice stepping outside of self (ego) in order to ask for help. Now, after learning how ugly pride and ego can appear when it is running destructive paths through peoples’ lives, I believe there is a strength seen and a calm felt from a humble person.

I say that to then follow with the fact that sometimes total humiliation is a necessary part of reaching a humbled state of mind and body. I had to eat a lot of crow before I was willing to live life the A.A. way. I also had to change the things that I chose as important in my life. Material things had to fall to a distant degree of importance. Spiritual values had to rise to the forefront.

I think people as a whole want to believe they know the right way to accomplish any task in front of them,

especially alcoholics. It is not ingrained in our DNA to ask for help. It is not common practice to think that simple is better, or at least that is my experience. Nothing worth having ever came easy to me until I was further along in my journey in A.A. I learned to turn things over and to ask for His help in removing my pride, ego, and all other short comings that are standing in the way of me being of better service to others, inside and outside of the rooms of A.A. I used to think material things showed my worth and wealth. However, things are just that – things, stuff of no real value. I found out through working the 12 Steps of A.A. that if I am spiritually bankrupt then I have nothing. My sobriety and core spiritual values have to be put first before all else, or I will surely drink again.

Catherine S., Strange Camels Group

HOME
GROWN

<http://www.centralAA.org/recovery/twelve-steps/>

EDITOR'S CORNER *Continued from page 1*

the case.

Today, I am reminded of the many freedoms sobriety has given me. Freedoms I never thought possible, or even knew I sought for that matter. First and foremost, I have freedom from alcohol, a daily reprieve. I have the freedom to not act or react to my feelings, situations, or people in a manner that may cause harm to them or me. I have the freedom to be present in my life and in the lives of those around me and the freedom to choose to find joy in whatever life has to offer. (Remembering what I did the day/night before and where I left my car are added bonuses!) I have the freedom to be responsible for my actions, for my sobriety, for carrying the message, and for keeping my commitments. I have the freedom to be a faithful wife, a helpful daughter, and a good employee.

This program has given me the tools to live outside these rooms by applying the same principles in my home, my workplace, and my church that I learned to practice in the rooms. Before sobriety, I was incapable of being a productive member of society (recall the bedevilmments on pg. 52 of our Big Book – “We were having trouble with personal relationships, we couldn’t control our emotional natures, we were a prey to misery and depression, we couldn’t make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn’t seem to be of real help to other people”). Through working the 12 Steps of Alcoholics Anonymous, and by trying to practice these principles in all my affairs, I have been given freedom

from these bedevilmments. I

have also been united with folks I may not have had the pleasure to encounter otherwise. We are a group of people who would not normally mix, as our literature tells us, yet we have learned to successfully co-exist in the rooms and in the fellowship of Alcoholics Anonymous, because we have a common bond; a primary purpose that is the foundation for all that we do. As a result of the program and fellowship of Alcoholics Anonymous, I am learning love, tolerance, kindness, patience, compassion, and empathy which alcohol had previously stripped from me and I have been connected to a spiritual life and to a relationship with my Creator, for which I am eternally grateful.

So as we celebrate our country’s independence, let us also remember to reflect upon and celebrate the independence and unity we gain through the gift of Alcoholics Anonymous, should we so choose to practice it’s principles in all of our affairs. Just as it was not an easy journey for our forefathers, it may not be an easy journey to and through sobriety, but it is oh so worth the resulting freedom.

Thank you for allowing me to serve as your Post Editor.

*In Your Service,
Natalie C. – Strange Camels*

**HOME
GROWN**

**ALABAMA/NW FLORIDA
AREA 1 ASSEMBLY
OCTOBER 11-13, 2019**

**MORE INFO ON AREA 1 WEBSITE
[HTTP://WWW.AAAREA1.ORG/](http://www.aaarea1.org/)
CLARION INN & SUITES HOTEL
1577 S. COLLEGE STREET
AUBURN, AL 36830**

TRADITION SEVEN**EVERY A.A. GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS.**

I didn't fully understand this tradition for months after entering the rooms for the first time. Why couldn't A.A. take gifts or donations? Why couldn't someone leave our group money in their will? Surely our friends and families were so thrilled about our sobriety they would gladly leave all their money to Alcoholics Anonymous.

But as Bill W wisely wrote in the 12 & 12 on page 164, "Whoever pays the piper is apt to call the tune..."

Well, I knew better than to allow some outside individual or group to start directing our A.A. affairs. A non-alcoholic wouldn't know what is best for us and our A.A. groups. How could they? These were the folks who could leave half a glass of wine on the table and walk away! I didn't want to trust anyone else with A.A. affairs but those who came before me and had a lot more sobriety. I wouldn't want someone off the street performing surgery on me or my family and I don't want anyone who isn't a recovering alcoholic, managing the affairs of my A.A. group.

The other part of this tradition is to be fully self-supporting. To do that, we not only have to decline outside monetary gifts and donations but we have to give our own money in order to have coffee, a roof over our heads, air conditioning, and lights. And those are just a few of the needs each group has. So, where's the beef? I continually see people drop a \$1 into the basket as it goes around. \$1 was the rate for donation in the early days, why is it still the going rate

for support from each alcoholic?

I looked it up online and what was \$1 in the 1940s is equivalent to approximately \$18 in today's money! Yikes! That is way too much for each of us to give to each meeting we attend. Isn't it? If we are attending 7 meetings a week, that would equate to \$126 per week and that is a lot to ask for most of us. Shoot, I thought putting \$2 in was good!

I know that each of us probably can't afford \$18 per meeting to our A.A. group, and perhaps most newcomers may not even be able to give a \$1 at first. What I do believe is that we can all give more to our groups in order to be FULLY SELF-SUPPORTING. We have to. Sure, our groups are able to pay the bills, for the most part, but costs are not going down; quite the contrary.

I would love for ALL of us to rethink how much money we are throwing in the basket for this Tradition. Since researching and writing this, I know my \$2 donation will increase to more than that. Maybe I will throw in the occasional \$10 bill. Or maybe I will write a weekly check. What I do know is that I need to be putting more money in the 7th Tradition basket. Don't we all owe A.A. what a cocktail would cost us today? (And, I know I wouldn't stop at just one!)

Jill Z., Happy Hour Group

HOME
GROWN

<http://www.centralalaa.org/unity/the-twelve-traditions/>

The POST is searching for
a ***new layout & design volunteer.***

This position, formally called the composer, has the duty of laying out each month's POST issue, including articles, events, flyers, birthdays, meeting minutes and anything else you've seen published in our wonderful monthly publication.

Skills needed include document manipulation and copy formatting in MS Word, MS Publisher and Pdf. Light design skills to make announcements and notices. Access to email and computer needed along with a commitment to communicate and meet deadlines!

Contact the POST Editor for more information:

Post.Editor@centralalaa.org



June Birthdays

PDG-Prattville Downtown Group

Brandy	06/04/2014	5 yrs
Terry Y.	06/06/1999	20 yrs
Robert G.	06/06/2018	1 yr
Holly M.	06/14/2018	1 yr
David C.	06/16/2018	1 yr
Walter C.	06/25/2009	10 yrs
Anthony A.	06/28/2014	5 yrs

Total 43 yrs

Strange Camels Group

Donna P.	06/25/2016	3 yrs
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Total 3 yrs

Fellowship

Leigh Ann S.	06/13/2016	3 yrs
Sam T.	06/22/2004	15 yrs
Annie F.	06/25/2003	16 yrs

Total 34 yrs

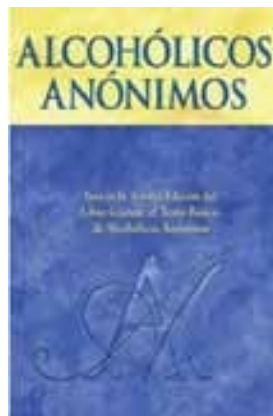
JUNE 80 yrs

CELEBRATING AN A.A. BIRTHDAY?

AT YOUR NEXT BUSINESS MEETING ASK YOUR G.S.R. OR GROUP SECRETARY TO SEND IN MEMBER BIRTHDAYS TO THE POST.

Post.Editor@centralalaa.org

¿QUÉ ES A.A.?



Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, automantenida, multirracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para

solucionar su problema con la bebida.

Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres y mujeres a recuperarse del alcoholismo.

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

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Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

Abierto los Lunes de
10:00 - 2:00pm.

828 Forest Avenue, Suite A
Montgomery, AL 36106
Tel: (334) 264-4122

Intergruop@centralalaa.org
<http://www.AA.org>

>> para mas informacion y recursos en Espanol

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca de la recuperación en las reuniones de Alcohólicos Anónimos por favor póngase en contacto conmigo Oni S., a través de Post.Editor@centralalaa.org.

Alcoholicos Anonimos
"Grupo 3 de Noviembre"
Un mensaje de vida... "vida que deseamos compartir"

Si deseandolo sinceramente te das cuenta de que no puedes dejarlo del todo, o si cuando bebes tienes poco control de la cantidad que tomas, probablemente eres alcoholico.
Si deseas mas informacion o si solo quieres ser escuchado llamamos o visitanos en:

1028 Commerce Boulevard Pelham AL 35124 Telefonos: (205) 305-6611
Reuniones de Lunes a Sabado de 7:30 pm a 9:00 pm (205) 422-3676

Stay up to date on News-Events-Meetings and More!

[CentralALAA.org](https://www.centralalaa.org)

The screenshot shows a web browser window with the URL <https://www.centralalaa.org>. The browser tabs show "District 8, Area 1 - Alcoholics A...". The website header includes navigation links: "SCHEDULE OF A.A. GROUP MEETINGS", "UPCOMING EVENTS", and "CONTACT THE WEBSERVANT".

District 8, Area 1 Alcoholics Anonymous

24-Hour Hotline: (334) 264-4122

HOME RECOVERY UNITY SERVICE

Is Your Group or Committee Planning an Event?

You can get the word out here...

EVENTS FOR AND BY THE FELLOWSHIP OF A.A.

Send us information on any upcoming events at your group, your committee, or other districts and areas. We'll get it on the calendar and help you get the word out. Click here for the Upcoming Events form.

Do You Think You May Have A Drinking Problem?

Information about Alcoholics Anonymous: the program, meetings, and fellowship.

[READ MORE »](#)

Are You A Professional? We Want To Work With You.

Information on the program and fellowship of Alcoholics Anonymous for professionals who may come in contact with alcoholics.

[READ MORE »](#)

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Members Share Experience, Strength and Hope.

[READ MORE »](#)

CONCEPT SEVEN

(Long Form): The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous®. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A.® purse for its final effectiveness.

This concept attempts to clarify the relationship and “balance of power” between our Delegates (the Conference) and our Trustees (the General Service Board). The Board of Trustees has complete legal power over A.A.’s® funds and services, while the General Service Conference has great traditional influence and financial power, allowing it to overcome the legal rights of the Trustees. Theoretically, the Conference is an advisory body only, but practically speaking, it has all of the ultimate rights and powers that it may ever need.

The power of the Conference derives from the fact that our delegates (chosen by the groups) always constitute more than two-thirds of the Conference members, and

the delegates could cut off financial support provided by the groups. We believe this balance can be maintained indefinitely, because one is protected by tradition, and the other, by law.

As Bill W. puts it, “If the Conference will always bear in mind actual rights, duties, responsibilities and legal status of the General Service Board, and the trustees will constantly realize that the Conference is the real seat of ultimate service authority neither will be seriously attempted to make a ‘rubber stamp’ out of the other. Grave issues will always be resolved and harmonious cooperation will be the general rule.” Refer to “The A.A.® Service Manual for a complete explanation of the Twelve Concepts.

Ralph H., Prattville Downtown Group

HOME
GROWN

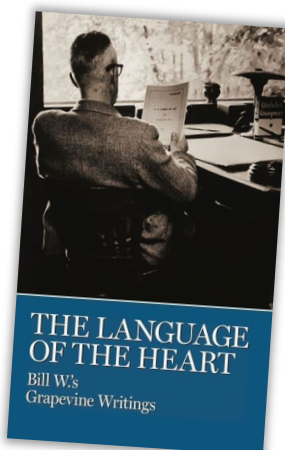
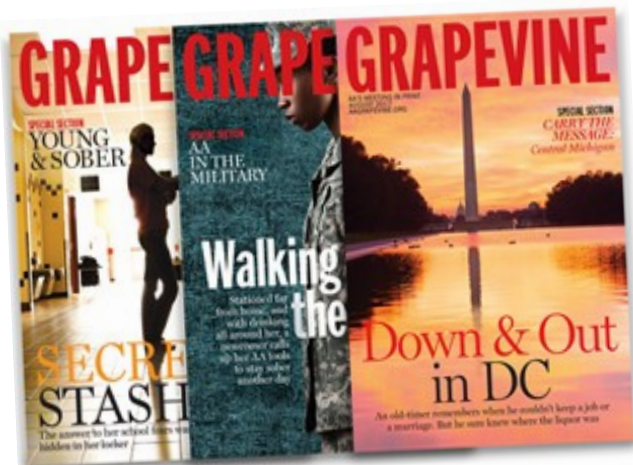
<http://www.centralalaa.org/service/twelve-concepts/>

This article originally published in the June/July 2016 POST

MILLBROOK PRIMARY PURPOSE

Meeting Changes:

THURSDAY 6PM IS NOW AN OPEN MEETING
WE’VE ADDED A SATURDAY 6PM OPEN MEETING!



The A.A. Grapevine Our meeting in print - now available online and by app at www.aagrapevine.org. Its sister publication, La Vina, a bi-monthly Spanish language publication is currently available in print only, but you can subscribe and learn more here: <http://www.aagrapevine.org/espanol>

The A.A. Grapevine also publishes many of our favorite books such as *The Language of the Heart*, *Emotional Sobriety* and *Spiritual Awakenings*. These are available for purchase at many groups and at Central Office.



24th Annual Southeast Woman to Woman Conference

“Secrets Women Don’t Share”



Her Roots Grasped a New Soil

Orlando, FL

August 23-25, 2019

A conference for Alcoholic women with Alanon participation for registrants only!
No children allowed at conference events

Florida Hotel & Conference Center 1500 Sandlake Rd Orlando, FL

GOOGLE MAPS (8001 S. Orange Blossom Trail, Orlando, FL 32809)

Reservations: 407-859-1500 (mention Southeast Woman to Woman) before June 29th Rooms reserved for
Conference: \$112 + tax per room/per night. Free Parking

CONTACTS: Christine S. 407-694-3109 • Angela S. 321-216-7726 • Lisa H 407-927-4700
Email: Orlando.sew2w.2019@gmail.com/ Web: www.sewomantowoman.org

-----OR Clip and Mail to: SEW2W ~ P.O. Box 1134, Winter Park, FL 32790 ~ Checks/Money Order payable to: SEW2W -----

Registration Form.....Please Print Clearly

Name: _____

Name on Badge: _____

Sobriety Date: _____ Are you willing to volunteer?

Address: _____

City: _____

State/Zip Code: _____

Phone: _____

Email: _____

Special Needs: _____

Registration Fee

Did you Pre-Register in West Virginia? YES NO

Registration: \$25 per person (BEFORE--Feb 28, 2019)

\$30 per person (Mar 1, 2019 – July 1, 2019)

\$35 per person at the door (cash only)

AA Al-Anon

Registration Fee \$ _____

Scholarship Donation \$ _____

Banquet Ticket (\$50) Chicken Beef Vegetarian

Banquet Saturday at 6:30 PM

SEW2W Mug (\$7.00) _____

SEW2W T-Shirt (\$15.00) _____

S _____, Med _____, L _____, XL _____, 2X _____

Total Amount Enclosed: _____ **NO REFUNDS**

*Checks/money orders payable to: SEW2W
Mail to: SEW2W, PO Box 1134, Winter Park, FL 32790*

Montgomery Area
Intergroup Central Office
828 Forest Avenue
Montgomery, AL 36106