The Post

POWER OF SOBER THOUGHT

JUNE 2019 WEB VERSION



VOLUME 15 ISSUE 6

HAPPY BIRTHDAY DEAR ALCOHOLICS ANONYMOUS

84 Years Old!

Founded June 10, 1935 in Akron, Ohio by Bill W. and Dr. Bob.

Today, a Worldwide Fellowship of Men & Women Numbering in the Millions.



A.A. HISTORY

THE CIRCLE AND THE TRIANGLE

We see the circle and triangle on our sobriety chips where the front says "to thine own self be true." We see the symbols when some of our members wear necklaces or other pieces of jewelry. We see it when we approach a door in a strip mall and realize we've come to the right place.

Circles are common signs of unity.

Triangles often represent the importance of three major parts that work together to make a whole. It is no surprise that both have been associated

with Alcoholics Anonymous for decades.

The triangle enclosed by a circle has been associated with Alcoholics Anonymous since the 1950s. It was first unveiled in 1955 in St. Louis, Missouri at the annual convention of AA. According to AA Comes of Age, Bill W. spoke to the audience and

introduced it with these words: "Above us floats a banner on which is inscribed the new symbol for A.A., a circle enclosing a triangle. The circle stands for the whole world of A.A., and the triangle stands for A.A.'s Three Legacies of Recovery, Unity, and Service" (p.139).

explain why the logo was chosen: "The priests and seers of antiquity regarded

> triangle as a means of warding off the spirits of evil, and A.A.'s circle and triangle of Recovery, Unity, and Service has certainly meant all of that to us and much

more." Membership in AA has certainly allowed many alcoholics a haven from "spirits" of all kinds.

section on AA's history, you'll find out



On this same page Bill W. went on to the circle enclosing the

Still, there's more to the story. If you seek out AA's website at aa.org, and you click on the Question and Answer

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Suggestions on topics you want explored? Contact us at Post.Editor@centralalaa.org

WOULD YOU LIKE TO VOLUNTEER OR **CONTRIBUTE TO THE POST?** TO GET INVOLVED, CONTACT US AT Post.Editor@centralalaa.org

THE POST is published to improve communication between local A.A.® groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Montgomery Area Intergroup Central Office or Alcoholics Anonymous®.

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Contributions for print subscriptions are encouraged.

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MARK YOUR CALENDAR

3 4 5 6 7 4 10 10 11 12 13 14 11 11 3

INTERGROUP MONTHLY MEETING

SATURDAY, JUNE 29, 2019 8:00AM @ LEGACIES GROUP 3412 ATLANTA HWY, MONTGOMERY, AL 36109

DISTRICT 8 MONTHLY MEETING

SATURDAY, JUNE 29, 2019 9.30AM @ LEGACIES

3412 ATLANTA HWY, MONTGOMERY, AL 36109

FELLOWSHIP GROUP EAT & MEET

JUNE 29, 2019 5:00 PM – 8:00 PM ALANON SPEAKER AT 5 PM

EAT AT 6 PM

A.A. SPEAKER AT 7 PM

POT LUCK

GRACE CHURCH @ 5 BELL ROAD, MONTGOMERY, AL 36117

MORE EVENTS & INFO:

HTTP://WWW.CENTRALALAA.ORG/UNITY/UPCOMING-EVENTS/

THE NEXT ALABAMA/NW FLORIDA AREA ASSEMBLY

JULY 12-14, 2019

MORE INFO ON AREA 1 WEBSITE HTTP://WWW.AAAREA1.ORG/

CLARION INN & SUITES HOTEL 1577 S. COLLEGE STREET AUBURN, AL 36830

PLEASE NOTE NEW EMAIL ADDRESSES:

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Post Subscription Requests or Questions

Post.Subscription@centralalaa.org

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Distribution—Keith P.

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Español Spoken Here—Oni S.

The Steps— Catherine S.

The Concepts—John V.

The Traditions—Jill Z.

Birthdays—Service Opportunity

Events Recap— Service Opportunity

Literature—Service Opportunity

Mark Your Calendar— Service Opportunity

We welcome your assistance!

Suggestions on topics you want explored?

To get involved, contact us at

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YOUR DISTRICT 8 ONLINE

WWW.AAAREA1.ORG

YOUR AREA 1 ONLINE

WWW.CENTRALALAA.ORG/UNITY/INTERGROUP/LITERATURE/

LITERATURE AT CENTRAL OFFICE

The initials A.A. and the name Alcoholics Anonymous are registered trademarks and should be followed by the ® mark, to comply fully with trademark law.

A.A. World Services and the Grapevine have registered a number of trademarks and logos, and the guidelines for using them are based partly on legal considerations and partly on the nature of A.A.

The following is a complete list of registered trademarks and service marks that symbolize Alcoholics Anonymous, its work and its purpose: A.A.; Alcoholics Anonymous; The Big Book; Box 4-5-9; The Grapevine; A.A. Grapevine; GV; Box 1980, LaVina.

MONTGOMERY INTERGROUP DIRECTORY OF A.A.® GROUP MEETINGS

Updated: September 6, 2018

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MONTGOMERY	1 monady	1	1100110000	1 maileday	1 maay		Canady
12 Steps Group of AA Heritage Baptist Church 1849 Perry Hill Road, 36106 (Meeting in Room 127)		C-D-ST-BG 6p					
A Vision for You Group of AA Baptist Health Training Entrance 2010 Normandie Dr., 36111			O-D 7p				
Chapter 9 Group of AA CAP Auditorium 1153 Air Base Blvd., 36108						0-D 1:30p	0-D 1:30p
Chisholm Group of AA 1409 Federal Drive, 36107	C-D-Sm - 12p C-ST-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-L-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm - 12p C-D-Sm - 6p	C-D-Sm 6p	0-S 6p
Fellowship Group of AA Grace Church at Bell Road 5 Bell Road, 36117 (Corner of Bell Rd & Atlanta Hwy)	C-L & BG * 6p	C-D-BG * 6p		C-D-BG * 6p	C-L & BG * 6p	0-S 6p	C-D* - 2p C-D-W - 6p
Happy Hour Group of AA 3466 Eastdale Circle, 36117	C-D - 6:30a C-D - 12p	C-D - 6:30a C-D - 12p	C-D - 6:30a C-L - 12p	C-D - 6:30a C-D - 12p	C-D - 6:30a C-D - 12p C-D - 6pm	C-D 12p	C-D - 12p
(Next to Fortis College)	C-D - 6p	C-L - 6p	C-D - 6p	O-BG - 6p	1 st Friday 0-S - 7p	ΙΖΡ	O-D - 6pm
The Legacies Group of AA 3412 Atlanta Highway, 36109 (Enter off Forest Hills Drive)	C-D - 12p C-D - 6p	C-L 12p	C-D - 12p O-S - 8p	C-D 12p	C-D - 12p C-D-CL - 8p	C-D 12p	C-D 9a
Living Sober Group of AA Mental Health America 1116 South Hull Street, 36104	C-D 6p		C-D 6p				
Sole Purpose Group of AA 22 North California Street, 36107	C-D 7:30p			C-L 7:30p			C-D 7:30p
Strange Camels Group of AA Immanuel Presbyterian Church 8790 Vaughn Road, 36117	C-L 7p	C-D 7p		C-D 7p			
Tradition Three Group of AA Bradford Health Services 386 St. Luke's Drive, 36117	0-D 11a	0-D 11a	0-D 11a	0-D 11a	0-D 11a		
We Stopped in Time Group of AA Unitarian Universalist Fellowship 2810 Atlanta Highway, 36109 (Enter at back off Dunn Drive)		0-D-YP 8p				O-D-YP 8p	
CLANTON							
Clanton Group of A.A. Trinity Episcopal Church 503 2 nd Ave. S, 35045	O-D 7p			C-L 12p		0-D 7p	
GREENVILLE							
Camellia City Group of AA Greenville Housing Authority 601 Beeland St, 36037 334-437-2015 or 334-662-7129	C-D 7p			C-D * 7p			
HOPE HULL							
County Hope Group of AA Hope Hull United Methodist Church 305 Wasden Road, 36043 (Silver trailer behind church)		O-D 6p					
MAPLESVILLE							
Maplesville Group of AA Highway 139, PO Box 231, 36750					0-D 8p 0-S 3 rd Fri.		C-D 8p

Group / Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MILLBROOK				<u>'</u>			
Primary Purpose Group of AA Church of the Nazarene 3251 Browns Road, 36054 (In the Fellowship Hall)		O-D 6p		C-D 6p			
PRATTVILLE							
Autauga S.O.S. Group of AA St. Mark's Episcopal Church 178 East 4th Street, 36067	0-L 12p	C-D 12p		C-D 12p	C-D 12p	C-D-W 10a	
Prattville Downtown Group of AA 326 West 5th Street, 36067	0-S 6:30p	0-BG 6:30p	0-D - 12p C-D - 6:30p	C-D - 6:30a C-L - 6:30p	0-ST-S 6:30p	C-D - 12p O-D-Cl - 6:30p	0-D - 12p C-ST - 6:30p
SELMA							
5th Tradition Group of AA West End Baptist Church 504 Cahaba Rd., 36701					C-D 6:00p		
Selma Group of AA Dallas County Courthouse 105 Lauderdale Street, 36701	0-D 12:30p	O-D 6p	0-D 12:30p	O-D 6p	0-D 12:30p		O-D 6p
Braveheart Group of AA St Paul's Episcopal Church 210 Lauderdale Street, 36701	C-D 6p		C-D 6p				
TALLASSEE							
Ray of Hope Group of AA Kent Community Center 2872 Kent Road, Kent, AL 36078	O-L 7p		C-D 7p		O-D 7p		C-D 3p
12&12 Group of AA E. Tallassee United Methodist Church 101 Central Blvd, Tallassee 36078		0-ST * 7p					
UNION SPRINGS							
An A.A. Group Bradford Health Services 102 Conecuh Ave, West, 36089 (In Bullock County Hospital)	O-D 7p		O-D 7p				
WETUMPKA							
Free World Group of AA Elmore County Extension Office 340 Queen Anne Road, 36092 (Metal Outbuilding)							O-D 6p
Wetumpka Group of AA 103 West Tuskeena St., 36092	C-D * 7p						

Montgomery Intergroup provides this schedule of A.A. group meetings in this service area to member groups, individual A.A. members, and appropriate interested parties. A listing in this schedule does not imply approval or endorsement of any group's approach to or practice of the traditional A.A. program.

LEGEND				
O = Open Meeting Anyone interested in the A.A. program may attend.		C = Closed Meeting Limited to those with a drinking problem and a desire to stop drinking		
D = Discussion Meeting	Sp = Speaker Meeting	L = Literature Study (BB, 12/12, etc.)	St = Step Study	
CI = Candlelight Meeting	W = Women's Meeting	LGBT = Lesbian, Gay, Bi, Transgendered	BG = Beginners Meeting	
Sm = Smoking Permitted	YP = Young People & Young at Heart	* = Al-Anon Meets Simultaneously	** = Alateen Meets Simultaneously	

Montgomery Intergroup Central Office 828 Forest Avenue, Suite A, Montgomery, AL 36106 Open Mondays from 10 am until 2 pm.

www.centralalaa.org • Email Intergroup@centralalaa.org

http://www.centralalAA.org/recovery/AA-meeting-list/

A.A. HISTORY Continued from page 1

what happened to the logo in later years. In the early 1990s Alcoholics Anonymous World Services decided to stop using the symbol of the circle and triangle on its official documents. The December 1993 issue of AA's *Grapevine* offers this explanation: that "the AA World Services board began in 1986 to contact outside entities that were using the circle and triangle in an unauthorized manner, and to take action to prevent such use of the symbol. AAWS implemented this policy with restraint, and did not resort to legal remedies until all attempts at persuasion and conciliation had been unsuccessful." Finally, AAWS did file two suits against institutions using the symbol, but both were settled very quickly.

Chips and medallions still have the symbol because a 1990s ad hoc committee from the General Service Board of Trustees determined that these items would be handled on the local level,

that home groups could choose what and how their members celebrated sobriety dates. In general, the appearance of the logo still persists, and its use on local and individual levels continues to mark part of an alcoholic's identity with the organization. Even one of the *Daily Reflections* authors incorporates the symbol on the September 30 entry of the book, which reads "I am the circle, and the sides of the triangle represent three aspects of my personality: physical, emotional sanity, [and] spirituality, the latter forming the symbol's base. Taken together, all three aspects of my personality translate into a sober and happy life."

Symbols like the Circle and Triangle have become a part of our shared language of the heart. Their use continues to signal that help for the still suffering alcoholic is available. The person need only be willing to seek the signs.

Shannon H. - Happy Hour Group



The POST is searching for a *new layout & design volunteer*.

This position, formally called the composer, has the duty of laying out each months POST issue, including articles, events, flyers, birthdays, meeting minutes and anything else you've seen published in our wonderful monthly publication.

Skills needed include document manipulation and copy formatting in MS Word, MS Publisher and Pdf. Light design skills to make announcements and notices. Access to email and computer needed along with a commitment to communicate and meet deadlines!

Contact the POST Editor for more information:

Post.Editor@centralalaa.org

STEP SIX

WERE ENTIRELY READY TO HAVE GOD REMOVE ALL THESE DEFECTS OF CHARACTER.

When I first got to this step my first instinct was to hold all my character defects close to the hip!! Some might call them defects, I called them security! I remember early on in my sobriety sharing in the rooms of AA that "they may be defects but they were mine thank you very much, and I think I will keep them!!". I believed they identified me and made me who I was. I was so afraid of letting go of anything that seemed to be the threads of my personality and existence. What would be left of me if I did? Well I found out the hard way, that by refusing to let go of ALL of my defects that I did not feel the Happiness and Hope that I was just starting to enjoy from the other steps.

It was hard to let go of anything that was comfortable and familiar even if it was something that didn't work well for me, or that kept me sick or doing the same things over and over expecting different results. Yet that is what I did until I got hurt enough to try it the AA way.

It took working with my sponsor to realize that all this Step is asking of me, or any of us, is to having a willingness and a desire to try hard everyday to turn things over to our Higher Power so that He can use, minimize, or remove our character defects the way He sees fit.

Once I realized that holding on to my faults and flaws would keep me from the sunlight of the spirit, I was much more eager to let go. Also, I realized that just because I am ENTIRELY READY for God to remove all my defects of character doesn't mean "POOF they are gone." It just means I am tired of trying to run the show. I know that I can't, God can, so I think I will let him.

As outlined in the Big Book it states that when ready we say something like "My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here to do your bidding. Amen"

Praying such a prayer helps remind me that I need to stay outside of myself and out of my own head and put others first. I am also reminded that I need to continue to listen to others as they share their experience, strength, and hope. I want to be a new, sober, positive, active member in the community. Only by having a willingness to continue to change and be molded will I be able to keep an open ear and mind towards becoming a better me. Happy, Joyous, and Free is what I want to be.

Catherine S., Strange Camels Group

http://www.centralalAA.org/recovery/twelve-steps/



FELLOWSHIP GROUP EAT & MEET JUNE 29, 2019 5:00 PM — 8:00 PM

QUARTERLY EAT & MEET MEETING OF THE FELLOWSHIP GROUP.

ALANON SPEAKER AT 5 PM

EAT AT 6 PM

A.A. SPEAKER AT 7 PM

POT LUCK

GRACE CHURCH @ 5 BELL ROAD, MONTGOMERY, AL 36117

2020 BIG BOOK COMES ALIVE BBCA PLANNING MEETING

July 21st @ 3:00 pm at Legacies Group 3412 Atlanta Hwy Montgomery, Alabama 36108

TRADITION SIX

AN AA GROUP OUGHT NEVER ENDORSE, FINANCE, OR LEND THE A.A. NAME TO ANY RELATED FACILITY OR OUTSIDE ENTERPRISE, LEST PROBLEMS OF MONEY, PROPERTY, AND PRESTIGE DIVERT US FROM OUR PRIMARY PURPOSE.

In the fervor of new sobriety, a lot of alcoholics attack the world with an unconquerable energy. Once I was sober, I, too, wanted to spread the word, to let everyone else know how to be sober. I could tell everybody about AA and how it had worked for me. I wanted to stop people in the grocery store, their carts filled with wine and beer, especially early in the morning, and tell them how their lives could change with a simple walk through the door of an AA meeting.

I wondered why AA didn't have any recovery centers, any inpatient hospitals, or any advertisements on television. How else would AA get the word out and reach millions more alcoholics than they already had? And statistically, I was not sure that such a great job was being done in the first place. Surely, I could remedy that. I could get money together and start an AA based center. I could talk about AA in my work as a health care provider. I could get a group together and fund public service announcements, put ads in the local newspaper, etc., etc. We could save the world! And, as it states in the Twelve and Twelve, page 155: "In fact, we felt duty-bound to throw the whole weight of the A.A. name behind any meritorious cause."

Well, that's a little arrogant and completely falls off the beam of sobriety. Now that I have been around a while, I know this. Anonymity would be a thing of the past. And I don't know about you, but if I lend some one or thing money, or have my money involved in any kind of enterprise, resentment builds quickly. Money is a trigger for a lot of us-spending too much, not having enough, getting back on our financial feet, whatever. And, resentment leads me back to a drink.

I love what Bill W writes in this article on the background for Tradition Six:

Excerpts from Bill W.'s "Adequate Hospitalization"

"Many sanitariums and private hospitals are necessarily too high priced for the average alcoholic. Public hospitals being too few, asylums and religious institutions too seldom available, the average group has been hard put to find spots where prospective members can be hospitalized a few days at modest expense.

This urgency has tempted some A.A. groups to set up drying -out places of their own, hiring A.A. managers, nurses, and securing the services of a visiting physician. Where this has been done under the direct auspices of an A.A. group it has almost always backfired. It has put the group into business, a kind of business about which few A.A.'s know anything at all. Too many clashing personalities, too many cooks spoiling the broth, usually bring about the abandonment of such attempts. We have been obliged to see that an A.A. group is primarily a spiritual entity; that, as a group the less business it has to transact, the better. While on this theme it ought to be noted that practically all group schemes to finance or guarantee hospital bills for fellow members have failed also. Not only do many such loans go unpaid, there is always the controversial question in the group as to which prospects deserve them in the first place."

If I thought that business meetings were fraught with tension now, can you imagine how they would be with business interests involved? Plus, it would prevent each individual, as well as the group, from focusing on their spiritual aim. And I like that part the best. So why would I want to do anything that would block me or my group from the sunlight of the Spirit?

Fortunately, we work with sponsors who guide us through the Steps, one after the other. Fortunately, we attend meetings, read literature, and talk to each other, learning all the while that our spiritual program comes first. Fortunately, I am sober today only because I walked through those doors the first time and have kept coming back ever since. Y'all have taught me what comes first - my sobriety and my spiritual program, ,and I thank you all for that.

Jill Z., Happy Hour Group

HOME GROWN

http://www.centralalAA.org/unity/the-twelve-traditions/

ALABAMA/NW FLORIDA AREA 1 ASSEMBLY JULY 12-14, 2019 MORE INFO ON AREA 1 WEBSITE

HTTP://WWW.AAAREA1.ORG/
CLARION INN & SUITES HOTEL

1577 S. COLLEGE STREET

AUBURN, AL 36830

May Birthdays

PDG-Prattville Downtown Group

Paul D.	05/01/1994	25 yrs
Jean M.	05/06/1992	27 yrs
Scottie N.	05/19/2012	7 yrs
Mike O.	05/14/2012	7 yrs
Ralph H.	05/15/1996	23 yrs
Angela S.	05/17/2018	1 yr
Eleanor S.	05/30/1979	40 yrs

Total	130 yrs

Strange Camels Group

	Total	8 yrs
Becky P.	05/10/2011	8 yrs

Fellowship

	Total	154 yrs
Michael B.	05/31/2016	3 yrs
Fay OC.	05/30/1986	33 yrs
Tom C.	05/24/2011	8 yrs
Aiada H.	05/19/2015	4 yrs
Chris L.	05/17/2017	2 yrs
Laura D.	05/15/2017	2 yrs
Ed B.	05/15/1994	25 yrs
John W.	05/14/2013	6 yrs
Ray H.	05/14/2007	12 yrs
Jason J.	05/13/2015	4 yrs
Michael P.	05/12/2005	14 yrs
Brooke B.	05/07/2017	2 yrs
Trish B.	05/05/2017	2 yrs
Bill AB.	05/01/1982	37 yrs
renowship		

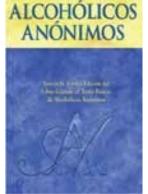
MAY 292 yrs

CELEBRATING AN A.A. BIRTHDAY?

AT YOUR NEXT BUSINESS MEETING ASK YOUR G.S.R. OR GROUP SECRETARY TO SEND IN MEMBER BIRTHDAYS TO THE POST.

Post.Editor@centralalaa.org

¿QUÉ ES A.A.?



Alcohólicos Anónimos es una comunidad internacional de hombres y mujeres que ha tenido un problema con la bebida. Es no profesional, automantenida, multiracial, no política y disponible en casi todo el mundo. No hay requisitos referentes a edad ni nivel de educación. Puede hacerse miembro cualquier persona que desee hacer algo para

solucionar su problema con la bebida.

Desde su publicación en 1939, este texto básico ha ayudado a millones de hombres y mujeres a recuperarse del alcoholismo.

Actualmente disponible en la Tercera Edición aprobada por la Conferencia de Servicios Generales, el Libro Grande contiene las historias de los cofundadores, y de muchos miembros de diversa procedencia que han encontrado la recuperación en la Comunidad mundial.

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Nuestra oficina Central, localizada en Montgomery, AL, tiene recursos en Español como literatura y folletos.

> Abierto los Lunes de 10:00 - 2:00pm. 828 Forest Avenue, Suite A Montgomery, AL 36106 Tel: (334) 264-4122

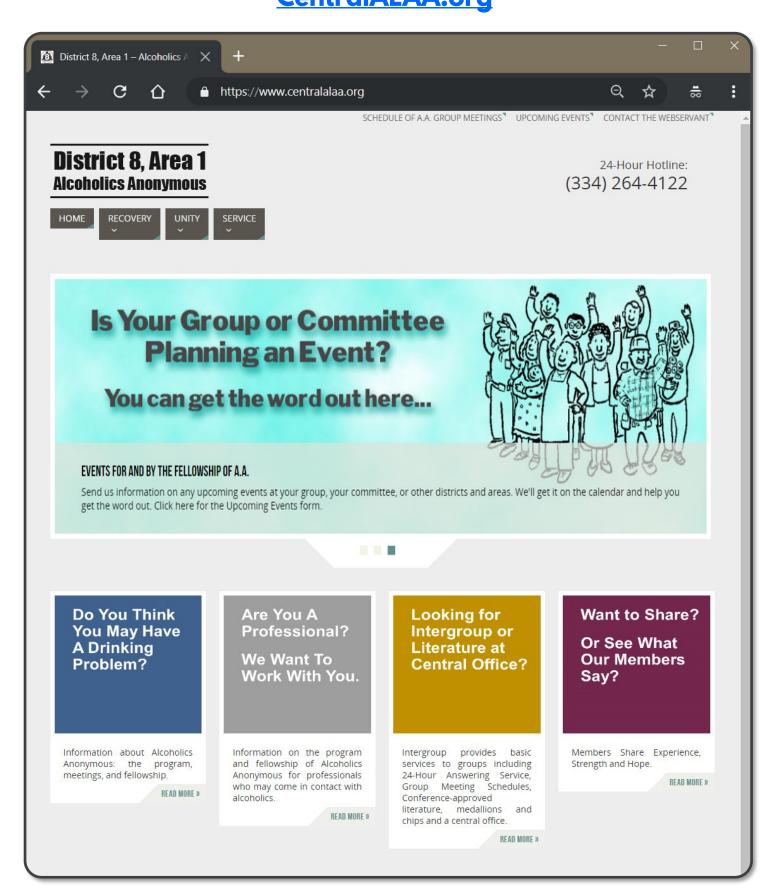
Intergroup@centralalaa.org http://www.AA.org

>> para mas informacion y recursos en Espanol

Si usted o alguien que usted conoce tiene una experiencia o historia para compartir acerca dela recuperación en las reuniones de Alcohólicos Anónimos por favor póngase en contacto conmigo Oni S., a través de Post.Editor@centralalaa.org.



Stay up to date on News-Events-Meetings and More! CentralALAA.org



CONCEPT VI

ON BEHALF OF A.A. AS A WHOLE, OUR GENERAL SERVICE CONFERENCE HAS THE PRINCIPAL RESPONSIBILITY FOR THE MAINTENANCE OF OUR WORLD SERVICES, AND IT TRADITIONALLY HAS THE FINAL DECISION RESPECTING LARGE MATTERS OF GENERAL POLICY AND FINANCE. BUT THE CONFERENCE ALSO RECOGNIZES THAT THE CHIEF INITIATIVE AND THE ACTIVE RESPONSIBILITY IN MOST OF THESE MATTERS SHOULD BE EXERCISED PRIMARILY BY THE TRUSTEE MEMBERS OF THE CONFERENCE WHEN THEY ACT AMONG THEMSELVES AS THE GENERAL SERVICE BOARD OF ALCOHOLICS ANONYMOUS.

How do the individual A.A. Groups who theoretically own all of A.A.s World Services, Inc. including A.A. Publishing and The A.A. Grapevine, Inc., run and manage the daily affairs of the business? Imagine GSO has a revenue budget in 2016 for about \$10,249,000 and the same in expenses.

Well according to our charter and tradition our General Service Conference has the main responsibility for oversight, general policy and financial decisions. The Conference consists of A.A. Area delegates and the 21 Trustees.

A.A. Groups delegate authority and responsibility to the elected delegates to speak on our behalf related to policy issues of A.A. via the Conference Committee structure. The Conference also understands the impossibility of running a

business by committee, especially one the only meets annually.

In Concepts III, IV, and V we discussed the Rights of Decision, Participation, and Appeal for all A.A. service bodies. The Conference has extended administrative freedom to the Trustees to act on behalf of the Conference and therefore A.A. as a whole, under these principles.

It is important that we ensure the Trustees have the qualities and skills required to perform the financial, legal, and leadership tasks required to run a large organization. The tasks include day-to-day operations of G.S.O., publishing, the Grapevine, as well as being guardians of our Traditions. Of course, the Conference maintains oversight, but the corporate structure was chosen for the business aspects of A.A. purposely in order to allow an efficient and effective management of our services.

Myles W.. Legacies Group

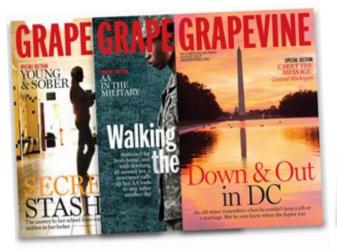


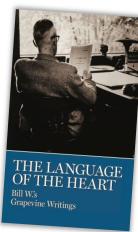
http://www.centralalaa.org/service/twelve-concepts/

This article originally published in the June 2017 POST

MILLBROOK PRIMARY PURPOSE Meeting Changes:

THURSDAY 6PM IS NOW AN OPEN MEETING WE'VE ADDED A SATURDAY 6PM OPEN MEETING!





The A.A. Grapevine Our meeting in print - now available online and by app at www.aagrapevine.org. Its sister publication, La Vina, a bi-monthly Spanish language publication is currently available in print only, but you can subscribe and learn more here: http://www.aagrapevine.org/espanol

The A.A. Grapevine also publishes many of our favorite books such as *The Language of the Heart, Emotional Sobriety* and *Spiritual Awakenings*. These are available for purchase at many groups and at Central Office.

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Montgomery Area Intergroup Central Office 828 Forest Avenue Montgomery, AL 36106